Beyond Photoshop

Advanced techniques integrating Photoshop with Illustrator, Poser, Painter, Cinema 4D, and ZBrush

Derek Lea

Focal Press

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For my wife, Janet. I would be absolutely lost without you.

Foreword

Foreword by Issac Stolzenbach, former Managing Editor, *Photoshop User* magazine; current Managing Editor of *Layers*: The How-to Magazine For Everything Adobe.

The quintessential amalgamation of inspirational and instructional

This ambitious book you hold in your hands is exactly the book that you or I would've written had we the talent, training, time—and fewer excuses—as Professor Derek Lea. Thankfully, Derek didn't take the excuse-laden path of least resistance. Instead, he undertook the arduous challenge of mastering the hottest software in the creative market. He studied the interoperability of these programs, plucking out the most useful bits of each experience, and incorporated them into his own workflow, which resulted in a bounty of stunning artwork. He kept notes along the way and vetted the resulting techniques by sharing them with the creative communities behind such award-winning publications as *Photoshop User*, *Computer Arts* and *Computer Arts Proj ects*, *Digital Camera*, . net, *Advanced Photoshop*, and *Digital Creative Arts* magazines.

Sounds good, right? But is this book for *you*. Go ahead and flip through the pages and see if the artwork speaks to you, then come on back here and I'll tell you why this book is probably for you, and why it's an essential next step in Derek's oeuvre.

Welcome back! That's some killer artwork, right? This guy's got an eye for aesthetics—and he knows how to communicate that vision too—you'll actually *learn* how to do that stuff. What? Yeah, sure thing, go head up to the checkout counter, we'll chat more when you get this home.

Derek has been a professional digital artist for more than a decade and he learned how to use creative software the same way most of us do (for the most part): we poke around in Photoshop, exploring the tools and menu items, then, once we're overwhelmed from being unable to reach our artistic vision due to the technical complexity of the software, we head up to the bookstore or library and seek out work from someone who is both inspired and inspiring—an all too rare combination. We may or may not grab the book based on the images we see within or perhaps the random, gonzoesque wordfreak blathering in the foreword persuades us to make the purchase. Either way, if we do end up taking the book home, when we get it home and take a closer look, we find that the author is either a talented artist or a gifted teacher—it's the rarest Pokémon to find both powers in the same creature—and we find this time and time again.

The techniques are awesome, but the artist doesn't aptly communicate everything they're doing, so the book gets chucked into the "inspirational" pile. Or the techniques are written in a way that resonates in our heads and our brains sop up the information like a biscuit on that last splash of Sunday gravy: we finally learn those shortcuts; we discover where to go to make our own shortcuts; and—after gaining a little dexterity in our fingers—we realize that using them is indeed a faster way to work. That sort of book does teach us something, but our artwork will still suck because the author was an educator, not an artist. The book's images were picked up from a stock photography agency and the end results are meekly presented as being "…for demonstration purposes only."

I've edited Derek's work for a number of years. It's been a pleasure because the guy really gets it—the art, the people, the culture, the software—with the digital arts community. What was really compelling about his work was that it got us up from our desks and engaged with the world around us. He had us dusting off old scanners, blow-drying fax paper, and cleaning out the gutters…errr wait, that was the wife. Anyway, it was sneaky, getting us out of our chairs to go collect a few leaves, but the end result was glorious—we discovered that there is a whole world out there just dying to be incorporated into our designs by our own hand. It sounds novel now, but after living day-in-and-day-out in the digital darkroom, your eyes will go from squinting like a prisoner in Plato's cave to wide-eyed revelation when exposed to the light of this sort of knowledge.

When Derek asked me to write the foreword to his next book, I was flattered and compelled. Flattered because the guy has been such an inspirational educator to me and to many of the folks with whom I've worked. Compelled because if ever a forthright handful of words need be said about one educator among the sea of digital arts instructors out there, it's Derek Lea.

He's inspiring to me because he works in much the same way I do: Crank up the tunes, let the eyes roll back and allow the mind's eye—floating in that personal, ethereal realm between magic and matter; between id and ego; between life and death—to take control, and create. Create! *Create!* He's an inspiration to the people I work with because his techniques are not only fresh, but they don't get the reader all tangled up in the overly technical tomfoolery that some use to baffle the reader with their "wisdom" rather than propel them into manifesting beauty through simplicity.

Beyond the artwork, beyond the talent, beyond the book you have in your hands, rests the reason why I've gathered these few words of praise—the man. One of the main things I've always admired about Derek—beyond all that aforementioned genius—is the fact that he's the embodiment of WYSIWYG. Simply put, Derek is a what-you-see-is-what-you-get type of guy. He doesn't put on airs pretending to be something he's not; he doesn't say that he's going to do something and not do it; and his grace rests in his candor. Just ask him about how he obtained his first copy of Photoshop and he'll bluntly relay that it was acquired through a five-finger discount—plucked from a new scanner box and plopped into an old jacket pocket—while working at a soul-sucking job as a clothing company's designer. (Hey, they needed the *scanner*, not the throwaway copy of Photoshop 2.5 that came with it, right?)

Now, thankfully, Derek has reached what many consider the summit of any digital art instructor's career: Imparting knowledge to the masses in the most rewarding and prolific way as a tenure-track digital arts professor at Centennial College in Toronto, Ontario, Canada.

The next time you're in your office, when you glance over at that empty space between the inspirational shelf and the educational shelf, if you find yourself murmuring curses about there being nothing that's inspirationally educational or educationally inspirational—and you didn't leave with this book, you and I both know, until the talent flows and the excuses ebb: You'll have no one to blame for that empty space on your self but yourself.

All the best to you and yours

–Issac Stolzenbach

Acknowledgments

This was a very difficult book to write. I underestimated the scope of the project. I underestimated the learning curve to master each program, and I underestimated the time it would take to pull it all together. I also underestimated how it would impact the lives of those around me. First and foremost, I must thank my wife, Janet. She always supports me in these projects, no matter how hard it is on her; she always recognizes the importance, tells me to go for it, and makes sure that I get it done. We have two young children: Charlotte and Isabella. Caring for young children is no easy task at the best of times, and when Dad is writing a book on top of everything else, it demands even more from Mom. So, once again: Thank you, Janet. Janet and I are also very fortunate to have supportive siblings and families. A huge thanks goes out to my sister Lisa and Janet's sister Lesley as well as brother-in-law Tom, who were always there to volunteer to help out. The kids love you all anyway, but your support during this time was huge. Oh, and thanks for all the chicken wings and quiche.

Thanks to Valerie Geary, my commissioning editor at Focal Press. She was cool as ice every time I called her with a meltdown, saying that there was no way that I could turn in the book on time (this happened a lot). However, in some ways it seems appropriate because this whole thing began as her idea. Also thanks to Carlin Reagan at Focal Press, who, alongside Valerie, bore the brunt of said meltdowns and helped out along the way. You guys are great. Seriously, I can't imagine working with anyone else.

Mike Shaw is apparently a sucker for punishment. This senior quality engineer from Adobe should have learned his lesson during his involvement with the first two editions of *Creative Photoshop*, but thankfully he did not. Mike is the guy who goes through all the details in the manuscript in microscopic detail and makes sure it all works out perfectly. This is no easy task, yet he somehow does it really fast. Thanks, Mike.

Patrick Goski is a dreadlocked Canadian 3D overlord. He was the go-to guy for all things ZBrush and Cinema 4D. If it weren't for him, I seriously don't know what I would have done with about 100 pages of this book. His input was essential, and I am thankful for his brilliance, easygoing nature, and meticulous attention to detail. Thanks, Patrick.

Issac Stolzenbach was the persuasive managing editor who convinced me to do a regular column in *Photoshop User* magazine. I really thought I was finished with magazines after I stopped contributing to *Computer Arts*, but Issac made it fun again. Issac has a writing style and wit about him that made him my first choice to write the Foreword for this book. Thankfully, he agreed. If more editors were as great to work with as Issac,

I would probably still be doing a lot more magazine work, but he is a rarity. Any title will be lucky to have him on board.

Thanks to all the companies (and people working at those companies) that supplied software and support for the contents of this book. I think the importance of what you do is evident in this book, but certainly not limited to it. Thanks for making some of the best creative tools on the planet.

And finally, thanks to you, the readers. If you guys weren't there in the forums, on the Facebook page, reading my other books and magazine articles, or simply providing feedback on my artwork, none of this would happen. I get a lot of e-mail from you, and if you don't get a reply, please don't be insulted or think it isn't appreciated; that is not the case. I am just one guy who tries to do too many things all the time. At the end of the day, there are not enough hours to respond to every message. I do my best, but time always seems to escape me at some point.

Introduction

Putting things together

My discovery of Photoshop came after I worked as a graphic designer and art director for a few years. Back then, in the pre-desktop publishing days, we learned to put things together from different sources. Photostats, illustrations, and typesetting all got pasted onto boards to create press-ready artwork. I think that the idea of putting stuff together is something that has always stuck with me, regardless of what it is exactly that I'm using or where it came from.

People are often surprised to hear me, as a digital artist, say that the computer is place to create finished ideas, not to develop one or brainstorm. But for me that is true. The computer introduces constraints in terms of interaction and reduces the sense of freedom that is essential to effectively develop ideas, because you must also focus on the process of interacting with the machine to a degree that hinders. I have been a witness to, and actively involved in, the advent of the desktop computer as an essential tool for artists. One thing that I've noticed over the years is that the computer itself becomes something other than a tool; for many it becomes a comfort zone. More specifically, the actual software that artists master can often become a comfort zone. And when engrossed in a comfort zone, innovation and fresh ideas eventually dissipate. The process of creation within a comfort zone becomes routine, and the resulting work is uninspired. The fun gets sucked out of it, and it shows.

When I first started to use Photoshop, I was more than intrigued. I was hooked. I had found my medium as an artist. But after a while, I realized that being comfortable with the program was limiting in terms of staying fresh and developing new ideas. I began to explore other programs. I had been working with Illustrator prior to Photoshop and started bringing the two programs together to produce finished compositions. At the same time, I was very interested in Painter and a variety of 3D applications as they began to appear. I started playing around in different programs and was very excited to break out of my comfort zone. My work was becoming more experimental and inspired, and I was having much more fun with it. Then I noticed a common denominator. It was Photoshop.

Even though I was spending considerable time in other programs, I was always bouncing in and out of Photoshop. For 3D applications, I would make backgrounds in Photoshop ahead of time to align elements or to ensure perfect angles. Midway through the 3D process, I would find myself back in Photoshop, creating textures and displacement maps. Then, at the end of the 3D process, I would find myself opening the finished renderings in Photoshop, adjusting them, and using them to create something new once again. This process was not limited to 3D applications; it also proved true when I combined Photoshop with other programs such as Illustrator or Painter. Photoshop becomes the cornerstone application when working this way; it is essential at many points in the process. However, take note that this process of leaving Photoshop snaps you out of the Photoshop-only induced comfort zone, injecting some excitement into the tried-and-true process of putting things together.

Why write an entire book about this?

In the first edition of my previous book, *Creative Photoshop*, the last section contained a few chapters on the subject of using Photoshop with other programs. The general feeling was that although this

discussion was interesting, it was out of place among the rest of the content and did not have enough pages allocated to it to address it properly. So, when I wrote the second edition of *Creative Photoshop*, I took that material out and replaced it with other content. It was Valerie Geary at Focal Press who suggested that the content that I removed was the beginning of another, completely different book. She was right. This book was quite a challenge to write, but now you have a few hundred pages on the topic at your disposal. Doing it in a smaller way would not do the subject justice. Trust me on this. I think the next edition will be even bigger.

Why Illustrator, Cinema 4D, Painter, Poser, and ZBrush?

If you are not determined or do not have much of an attention span, you might as well put this book down now. The content of each chapter is comprehensive and involved. That is because doing it any other way would sell you short. Every application used here is powerful and deserves a fair amount of depth when it comes to exploration and explanation. Each program is unique and, in my opinion, the best of its kind.

Illustrator is Photoshop's soul mate. They have played well together for many, many years, and they are constantly getting better at it. Most designers and illustrators use both applications daily. I decided that it was my duty to devote a substantial amount of space to doing extremely diverse and cool things by combining them. Hopefully I have introduced one or two ideas that you have never thought of before.

There is nothing else out there like Painter, so it was an obvious choice for the book. It is the only application in its class, as far as I'm concerned. In early versions of the program, I used it more or less on its own. However, these days it is built to work with Photoshop. Bouncing files back and forth is effortless, and there is a wonderful Photoshop familiarity about Painter's user interface.

ZBrush is another truly astounding piece of software. When I first caught wind of it, I figured that what I'd heard had to be lies. I was wrong. ZBrush delivers. This intuitive 3D sculpting program is one of a kind. If you have never explored it before, you are in for a treat. It takes the arduous process of working with 3D out of the equation via intuitive user interaction. Working with it really is like drawing or painting in 3D space.

Deciding on Cinema 4D was more of a challenge. This is not due to any shortcomings in the program, because I have found none. It is due to the fact that there are a lot of 3D programs out there, and I had to consider them all before settling on Cinema 4D. It is not the cheapest program out there, nor is it the most expensive. However, what I have found is that it is the easiest to learn in its class. And when I talk about its class, I am talking about powerful features, flexibility, modular architecture, and fantastic user interaction. I have worked with a number of 3D applications over the years, but I am sold on the fact that if you are a serious artist looking to get into the world of 3D and do something substantial, Cinema 4D is what you need. Also, its power runs deep, and you will likely never find a limitation to what you can create as you begin to master its various tools, features, and functions.

Poser was an obvious choice for me. When I think of 3D figures, I think of Poser. I have been using it since version 1.0 and am simply amazed at what it can create in terms of figures these days. And, like all the aforementioned programs, it is like a fine wine that simply becomes better with each incarnation.

Beginner, intermediate, or advanced?

I have always had a problem with the way that one's level of skill or capability as a digital artist has been limited to one of only three words. Obviously there are more than three variations in experience or

mastery from user to user. However, these words are so ingrained in the collective subconscious that I find I must, at some point, address this topic by using them so people know what the hell I'm talking about.

Chances are, if you picked up this book one of the first things you wondered was whether or not you were capable of working through the material or whether you would be bored with it due to simplicity. I will do my best to set the record straight here. As a Photoshop user, I would say that at the very least you should consider yourself an intermediate user to effectively use this book. There is simply no room for me to tell you what a layer is or where to find the Brush tool or simple things like that. If you know your way around the program, you'll do just fine. That being said, advanced users will not find it so rudimentary that they will be bored. There is a hell of a lot going on in here.

Now, when it comes to the other programs, I have tried to work from the standpoint that the reader is a beginner. There is a good chance that you are using these other programs for the first time, so I instruct you in that way. I'll tell you a bit more about where things are or include more navigational screen grabs to help you around the interface. You can work your way through this book just fine, without ever having opened a different application than Photoshop. However, when it comes to Illustrator, I am assuming some knowledge pre-exists due to the fact that you are an intermediate Photoshop user. There are similarities between certain tools and the general interface of both programs, so you won't get as much handholding when it comes to Illustrator.

Every program used in this book comes with a Help menu function of some sort built into it. If you get stuck, don't hesitate to use it. After you've figured out what the holdback is and remedied it, continue to follow along where you left off.

Which version of which program do you need?

I wrote this book with core features, principles, and workflow methods in mind, and that pertains to everything, including Photoshop. I have never been an advocate of using the latest bells and whistles just because they're new. At the end of it all, you want to learn how to get the most out of each program, to help you realize your vision as an artist. Although I was using the most recent versions of each program at the time of writing, what I do from chapter to chapter is not necessarily version specific. If you are using downright archaic versions of programs, you might run into problems. But if you are remotely current on the version you're using, you should be able to make your way through with ease.

Do you have to buy all the programs to get through this book?

Absolutely not. As a matter of fact, I was very careful to select programs that have a demo version available for download. Every program used in the book has a trial version that can be downloaded from each company's Website. You will need to purchase nothing. Website links are provided in the opening spread for each chapter. Also, if you want to use just Photoshop, that is a possibility, too. If you are using Photoshop and nothing else, each chapter has a series of tips that will guide you through the process, and there are downloadable project files that will provide the assets created in other programs, so you can focus on the Photoshop-only portions. In most cases, this will get you to the finished stage. The only real exception is the Painter chapter. That particular chapter finishes off in Painter, so you won't wrap up in Photoshop like the other chapters. To remedy this for those of you using Photoshop only, I have included a layered file of the image I created for your perusal.

How to use this book

Each chapter in this book is a stand-alone project. One chapter does not lead into the next. You can literally open the book and start with any chapter that interests you. I have decided to follow the format

I used previously in *Creative Photoshop*. Each chapter begins with an inspirational image, and then a highly detailed, step-by-step walkthrough carries you through the process of how it was created. All the files you'll need to create each image are included in the downloadable project files for that chapter at www.beyondphotoshopthebook.com. At the end of each chapter, you'll not only create something compelling—you'll walk away with the knowhow required to apply these methods to work of your own. That is the real goal here: to inspire you as well as inform you, while at the same time creating something that is visually compelling.

Using a pressure-sensitive tablet

If you purchase one piece of equipment as a digital artist, make sure it is a pressure-sensitive tablet and stylus. Seriously, drawing and painting with a mouse are like entering a perpetual fight against your computer. For your own sake, buy a tablet. It doesn't have to be large or fancy, it just needs to be something more intuitive than a mouse. To prove my point, I used a Wacom Bamboo tablet for this entire book. It is small, limited, and inexpensive, but it does the job.

Further, I did not explore any pressure-sensitivity settings in Photoshop or other programs other than defaults. The point I'm trying to make is that success is about interacting with your machine in a natural way, and in my experience, getting a tablet is the best way to achieve this goal. If you want something larger or you want to explore pressure sensitivity, tilt, rotation, and so on, go ahead and do so. I just want you to know that using a tablet can be as simple as plugging it in and installing a driver, then forgetting about it—basking in the intuitive feel of it all as you begin to use it right away. Some chapters in this book will be possible to get through without a tablet: mainly the Illustrator, Poser, and Cinema 4D chapters. However, when it comes to using Painter and ZBrush, not using a tablet will almost certainly result in total frustration.

Expert tips

In addition to step-by-step instruction and inspirational imagery, you'll find hundreds of expert tips scattered throughout this book. Some of the tips pertain to the instructions on a particular page, but many are additional hints and pieces of advice, which will prove useful for almost anything you set out to do. Feel free to flip around the book and examine different tips, just as you would randomly flip from chapter to chapter. Tips are divided into five categories, represented by these icons:

Shortcuts
These time-saving tips will shave hours off your time spent working. Whether a keyboard command or a quicker way of doing something, these tips will allow you to spend more time creating rather than spending all your time executing certain tasks the long way.

Info
These tips contain useful tidbits and extra information that might not be addressed in the step-by-step instructions in each chapter. Or additional, more detailed information is provided to accompany a specific stage in the process.

Download files
These tips point you toward the specific files required to follow along. All project files are available for download in the project files section of the *Beyond Photoshop* Website.

Caution
Be extremely careful when you see this tip. You are being warned of potential pitfalls and must carefully pay attention to prevent things from going horribly wrong.

Creative tips
Creative tips provide valuable hints and advice regarding the artistic process of creating with Photoshop. These touch on everything from unconventional tool usage within Photoshop itself to hints on how to extract resource materials from the physical world surrounding you.

Become part of the *Beyond Photoshop* community

Your exploration into combining Photoshop with other programs does not end with this book. Visit the *Beyond Photoshop* Website and explore the user forum. Share knowledge with and ask questions of other readers. Be sure to post your finished images in the user forum for everyone else to see. Submit the works you've created by following the chapters here, or post your own work, showcasing your new skills. Be sure to check it out.

Join the *Beyond Photoshop* community at www.beyondphotoshopthebook.com.

Chapter 1

Sharp Edges and Painterly Blends

Combining Illustrator with Photoshop

Photoshop contains some excellent vector tools and features. But when it comes to creating artwork, experienced digital artists, illustrators, and designers rarely limit themselves to a single software application. It is no secret that when it comes to drawing with vectors, there is no better choice than Adobe Illustrator. Illustrator has been the industry-standard vector art tool for as long as I can remember. I personally have been using it as an integral part of my digital toolset since 1991.

The features and functions within Illustrator are unparalleled indeed, but what do you do when you want all the superb vector creation possibilities offered within Illustrator, yet you also want the superb paint tool features in Photoshop? The answer is simple: You combine the two applications. And believe it or not, when it comes to creating a stunning Art Noveau masterpiece like the one you see here, you simply need to copy and paste. To put it simply: Photoshop and Illustrator play very well together.

In this chapter, we'll explore the advantages of bringing existing vector art from Illustrator into Photoshop and using it as vector building blocks to create the piece you see here. More specifically, we'll be pasting vector art into Photoshop, creating shape layers and paths as the Illustrator data makes its way into Photoshop. We'll use paths to create selection borders, and we'll duplicate and edit shape layers to suit a variety of purposes. Once the vectors are safely in place, we can employ Photoshop's marvelous paint and composition tools, resulting in a nostalgic piece of art that is a combination of both sharp vectors and soft painted elements.

Versions

Photoshop CS4
Illustrator CS4

Requirements and Recommendations

In addition to Photoshop, you'll need a copy of Illustrator. If you don't have a copy of Illustrator, you can download a trial version from www.adobe.com.

What you'll learn in this chapter

Creative Techniques and Working Methods

Constructing rather than outlining

The artwork in this illustration relies heavily on prominent outlines. Generally, when I witness inexperienced users of Illustrator attempting to create artwork in a similar style, they rely on stroke attributes to create the outline in the image. An unfortunate result of this method is that there is little or no expressive quality in the line-work. What makes line-work expressive in the context of an illustration is the variation in thickness and the way the ends of each line taper, are sharp, or are rounded. Granted, there are options within the Stroke palette that allow you to change the endpoints of the line; but again, like the uniform thickness of the stroke, those just aren't expressive enough. The best way to achieve the desired expressive quality is to pay attention to the sketch.

When we draw, something intuitive happens, and it becomes effortless or even a subconscious act to create expressive line-work. Within software it is a different story. We need to focus on preserving the innate, expressive quality of our drawing as we create the finished product. This goal cannot be achieved by using stroke attributes but by creating each element manually with the Pen tool. However, there is more to it than simple mastery over the Pen tool. There is a logical method of construction, which involves creating an exterior shape first. The next step is to subtract an interior. This will give you your expressive outline. After that, details are created as closed shapes, and the result is unified. The Pathfinder palette plays a central role in this systematic drawing process.

Deconstructing and inverting

When you paste your illustrated outlines into Photoshop, they will serve another purpose. By working with duplicates of the shapes, you will learn how to remove the outer regions, thus inverting the appearance of the fill. This might sound confusing, but it is a simple process that we'll go through repeatedly. It allows you to use your illustrations not only as outlines but also for creating instant solid color fills on separate layers.

Tools, Features, and Functions

Template layers

These Illustrator layers will allow you to fade the opacity of your sketch so that you can trace over it without visual distraction. Also, and perhaps more important, the imagery on the Template layer will remain visible in both Preview and Outline modes.

Outline Stroke

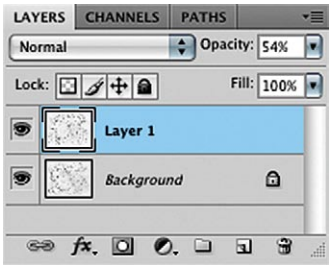
This nifty feature allows you to convert Illustrator's stroke attribute to an actual, editable vector object. This is helpful when you're pasting something into Photoshop. Not only do you preserve the stroke, but by converting it to an object, you can delete the exterior path on your resulting shape layer to invert the appearance as well.

An intricate illustration like this one requires quite a bit of prior planning. There is no better start than putting pencil to paper and sketching out those ideas. Here the main content is more or less worked out. Her face is looking good, but everything else requires some more refining.

Because the face itself was working already, I simply refined the other elements in this drawing. Don't fret because there is no face shown here; we'll make a composite template soon by combing the two drawings in Photoshop.

It is always a good idea to keep the components separate, even at the drawing stage. This allows you to digitally refine each component separately, affording you some flexibility when it comes time to assemble the finished composition.

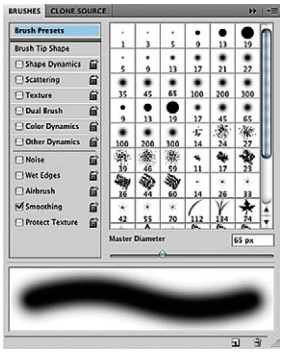
PART ONE: Preparing sketches

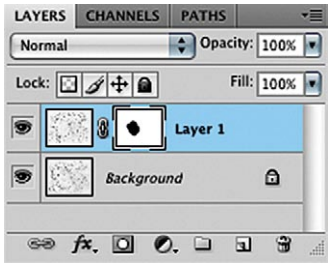


1 Open the *sketch-1.jpg* file in Photoshop. Then open the *sketch-2.jpg* file. Use the Move tool to drag the image from the *sketch-2.jpg* file into the *sketch1.jpg* file as a new layer. Reduce the opacity of the layer so that you see the underlying layer. Use the underlying layer as a guide to position the top layer as accurately as possible. The important thing to concentrate on at this point is lining up her facial features within the outline of her face.

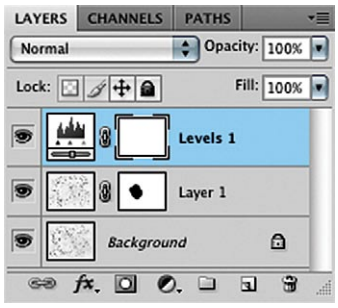
Project files

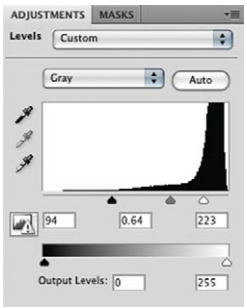
All the files needed to follow along with this chapter and create the featured image are available for download on the accompanying Website, in the project files section. Visit www.beyondphotoshopthebook.com.





2 When you're satisfied with the position of the top layer, click the Add Layer Mask button at the bottom of the Layers palette to mask the layer. Ensure that the new mask is targeted in the Layers palette and select the Brush tool. In the Brushes palette, select a soft, round preset and disable any shape dynamics that are active. Your foreground color should be set to black at this point; if it isn't, press the X key to set it. Paint over her face area within the mask to reveal the underlying face. When you're satisfied with the result, return the opacity of the layer to 100%.

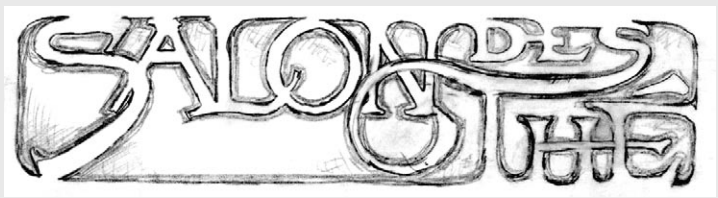


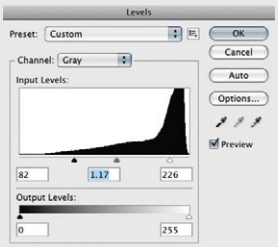


3 Click the Create New Fill or Adjustment Layer button at the bottom of the Layers palette and select the Levels option from the menu to create a new Levels adjustment layer. In the Adjustments palette, drag the left and right input level sliders inward. Drag the left slider over a little further, and then drag the middle slider to the right a little. Basically, our goal is to create a sense of clarity in the image. Don't worry if there are still some unwanted artifacts; we'll simply use this as a template in Illustrator. Save the file as *face template.psd*.

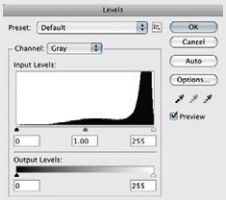
Repeat the process

Perform similar adjustments to the two remaining sketches, creating a series of clear templates for Illustrator.

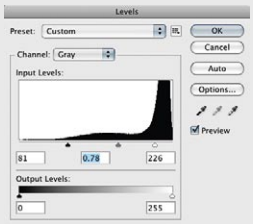




1 Now open the *sketch-3.jpg* file. Press Control-L (PC)/Command-L (Mac) to perform a Levels adjustment. When the Levels dialog box appears, drag the left and right input level sliders inward to increase the contrast. Adjust the midtones slider as necessary to minimize the midtones in the drawing.

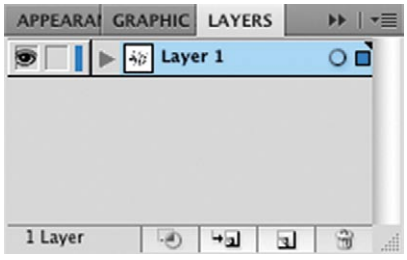


2 Save the file as *words template.psd*. Then open the *sketch-4.psd* file. You can tell just by looking at the image that you'll need to increase the contrast overall to create a clear template to trace over in Illustrator. Press Control-L (PC)/Command-L (Mac) to open the Levels adjustment dialog box.

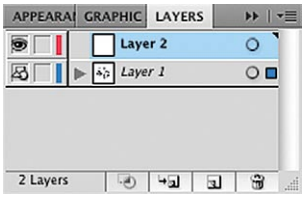


3 Perform a similar adjustment to the input level sliders as you've done previously. First, drag the left and right sliders inward, then adjust the midtones. When you're satisfied, save this file as *flower template.psd*.

PART TWO: Creating a pattern

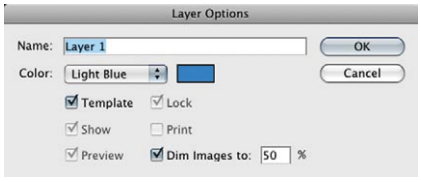


4 Launch Illustrator and create a new file. The size of the artboard is unimportant since we're simply going to paste the completed art into Photoshop. You can leave the artboard size set to the default setting. Don't worry about the document's color space, either. Choose File > Place from the menu and navigate to the *flower template.psd* file. Click the Place button. When the placed artwork appears, Shift-click and drag a corner point outward to increase the size so that you have a larger space to work within.

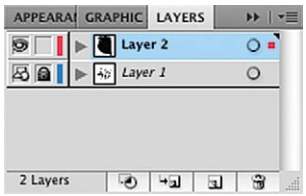


Illustrator files and workaround

If you want to follow along with this chapter yet you find the idea of creating art in Illustrator daunting, worry not. All the Illustrator files that are created throughout this chapter are included in the downloadable project files. So, if you don't feel like meticulously creating the vector components, they are there for your perusal should you decide to open them in Illustrator. And for those of you who don't want to so much as open Illustrator, we've included a file called *working.psd* that contains all the art pasted from Illustrator throughout this chapter. Following along using that file is simply a matter of enabling the visibility of the included shape layers and generating selections from included paths as necessary.



5 In the Layers palette, double-click the layer to open the Layer Options. In the Layer Options, enable the Template function. This will hide all other options except the Dim option. By default, the Dim setting will be set to 50%. Go ahead and leave it set as it is. If you ever want to change the dimness of the image, you can simply double-click the layer and reset the value. Select the Pen tool and then click the Fill swatch in the Toolbar. When the Color palette appears, set the fill to Black. Then click the Stroke swatch in the Tool Options bar and set it to None in the Color palette or by clicking the None option beneath it in the Toolbar. You cannot draw on a template layer, so click the Create New Layer button at the bottom of the Layers palette to create a layer that you can work on. Ensure that the new layer is targeted in the Layers palette.



6 Use the Pen tool to begin tracing the outer left edge of the shape. Start at the bottom and work your way upward, clicking and dragging as you go, to create a path made of Bezier curves that follows the edge of the sketch. At any point you can alter a point or the handles of a curve by using the Direct Selection tool. After editing a point, continuing from the last point is as simple as clicking and dragging on the point and then creating the next point, and so on. You might find that because the object has a solid black fill attribute applied to it, it is hard to view the underlying sketch as you work. To remedy this problem, switch to Outline viewing mode by typing Control-Y (or Command-Y). You can switch back to Preview viewing mode at any time by typing the same command.

Tracing the sketch

Using the underlying template as your guide, begin to trace the contour, creating your first closed shape.

1 When you get to the top, continue along toward the right. When you get to the top-right point of the first flower, move down the right side of this flower, tracing it. Do not worry about the other flower just yet; simply keep creating your path down the right side of the first flower.

2 When you get to the part where the line on the sketch intersects with the other flower, continue to draw your path by moving to the left and then tracing the inner edge. Continue to trace the inner edge as it moves up and down and meanders along. Do not cross over any thick, black lines. Just trace this inner line all the way back to your original starting point.

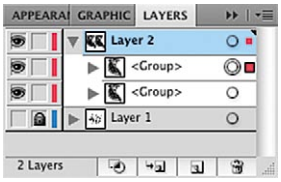
3 When you get back to your original point, click it to close the shape. Now that the shape is closed, press Control-Y (or Command-Y) to preview it. While you are previewing it, perform any necessary tweaks to the shape with the Direct Selection tool, creating smooth curves.

7 Press Control-Y (or Command-Y) again to switch to outline view. You will have noticed by now that in some areas the design looks outlined, as it was intended. However, regions at the top are solid black. To remedy this situation, the next step is to use some shapes to, one by one, subtract from these regions. Use the same methods you employed previously to draw a closed shape around the inner region of the flower's petals at the top. When you're finished, select the new shape with the Selection tool, and then select the previous shape as well by Shift-clicking on it. While both shapes are selected, click the Minus Front button in the Shape Modes section of the Pathfinder palette. This will subtract the new shape from the previous shape. Press Control-Y (or Command-Y) to preview the result.

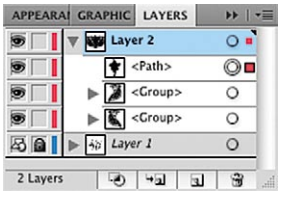
Why doesn't it work?

If your Minus Front operations are producing unwanted or unpredictable results, you could be doing a few things incorrectly. First, ensure that you use the Selection tool rather than the Direct Selection tool. You need to select objects, not line segments or points. Also, ensure that the shape you're using as a tool resides above the shape you're subtracting from. You can check this in the hierarchy of the Layers palette. Finally, subtract only one shape at a time. If you select three shapes and perform the Minus Front operation, it will not work properly.

8 Press Control-Y (or Command-Y) to switch back to outline view. Draw another one of the shapes that you need to subtract from the solid black area. When you have closed the shape, select it and select the main shape with the selection tool. When both shapes are selected, perform the Minus Front operation in the pathfinder once again. Repeat this procedure as many times as required to stay true to the original drawing. Feel free to use the Direct Selection tool to modify points or Bezier handles at any point to refine the shape.



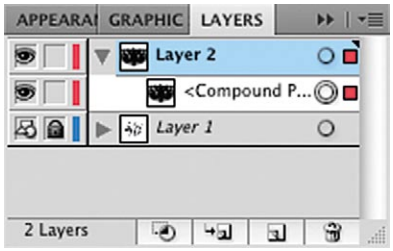
9 The only things missing from this side of the flower now are the small, black details. Carefully draw a series of closed objects to represent the missing details indicated by the underlying sketch. When you're finished, press Control-A (or Command-A) to select all the objects, and then press Control-G (or Command-G) to group them. Use the Selection tool to click the group and drag it to the right while holding down the Alt (PC)/Option (Mac) key to duplicate it.



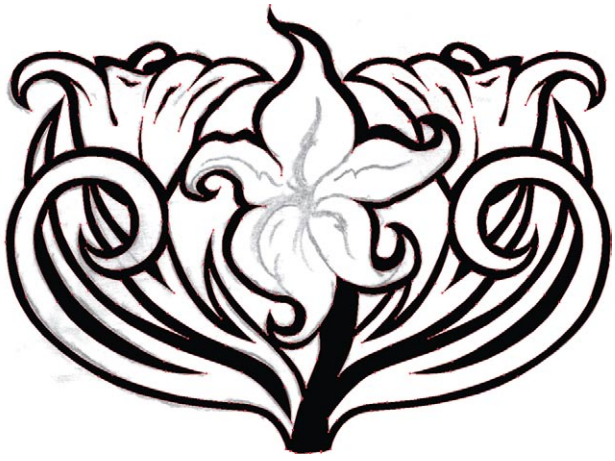
10 While the duplicate group is selected, choose Object > Transform > Reflect from the menu. When the Reflect options appear, choose the Horizontal axis and click OK. After reflecting, Shift-drag to the right or left to adjust the horizontal position of the duplicate so that both groups are overlapping slightly in the middle. Now use the Pen tool to draw a closed shape that traces the outer edge of the central flower. Trace the entire flower and close the shape by clicking the original starting point when you've made your way back to it. It is important to bear in mind that we are using the sketch as a guide and, as is evident in the duplication procedure we just performed, alterations and/or improvements can be performed at your discretion. Never be afraid to clean up your art as you go.

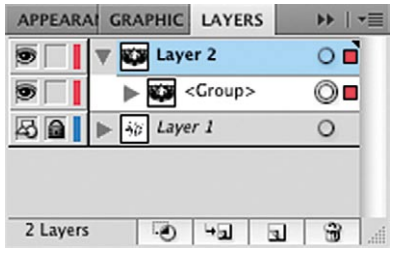
Alphonse Mucha

The work of the Czechoslovakian painter and illustrator Alphonse Mucha was my inspiration for this chapter's opening illustration. His work frequently featured women in flowing robes with lavish and flowing hair surrounded by flowers. I borrowed the style of my illustration's hair, as well as the hand-rendered typography and flowers, from his work. Mucha was one of a kind, and if you like the gentle, flowing quality of my illustration, you should investigate the work of the real master at www.muchafoundation.org.

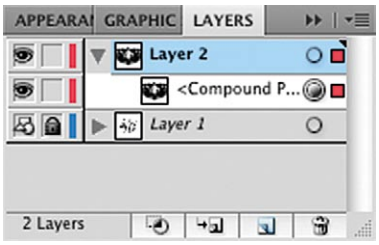


11 Press Control-A (or Command-A) to select all the objects on the artboard, and then click the Unite button in the Shape Modes section of the Pathfinder palette. After the shapes are united, you'll notice that as a result a new group appears in the Layers palette. While the resulting shape is still selected, choose Object > Compound Path > Make from the menu. You'll see the group change to a compound shape in the Layers palette, but there will be no visible change on the artboard. Converting the group to a compound path is essential for future Pathfinder operations to work properly.

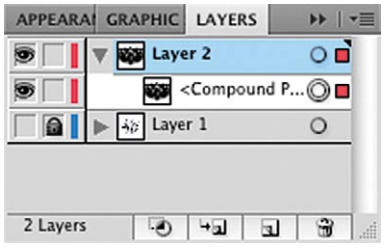




12 After you convert the group to a compound path, press Control-Y (or Command-Y) to switch to Outline mode if you're currently working in Preview mode. You'll need to switch to Outline mode to see the underlying sketch. Use the Pen tool to create a shape that that traces the inside of the flower petals outline as indicated by the sketch. Again, take your time and work your way around the entire interior of the petals only until you return to the starting point. Don't worry about the stem yet; we'll do that next. Return to the starting point to close the shape. Press Control-A (or Command-A) to select all, then click the Minus Front button in the Pathfinder palette. Switch back to Preview mode to view the result.



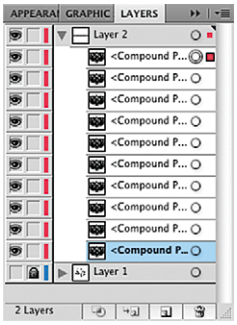
13 Again, you'll notice the result appear as a group in the Layers palette. While the new group is selected, choose Object > Compound Path > Make from the menu. After converting the group to a compound path, return to Outline mode so that you can clearly see the underlying sketch on the template layer. Use the Pen tool to create a closed shape that traces the interior of the stem. Toggle back and forth between Preview and Outline modes as necessary to both see what you're doing and to view the results accurately. When you have closed the shape, press Control-A (or Command-A) to select all, and then click the Minus Front button in the Pathfinder palette. Again, convert the resulting group to a compound path.



14 Use the Pen tool to create a series of closed shapes indicated by the petal details on the underlying sketch. When you're finished, select all and click the Unite button in the Pathfinder to unite all the shapes. While the new group of shapes is selected, convert it to a compound path, as you've done previously. When you're finished, disable the visibility of the template layer by clicking its Visibility icon in the left column of the Layers palette.

Illustrator workaround 1

If you want to inspect or use the finished pattern file that was used here rather than create your own, it is included within the downloadable project files for this chapter. The name of the file is *pattern.ai*.

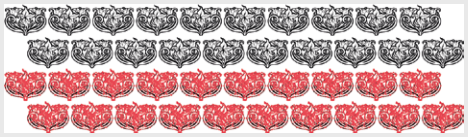


15 Zoom out considerably and use the Pan tool to position your artwork in the upper-left corner of the window. Use the Selection tool to select the compound path if it isn't already. Click it and then drag to the right while holding down the Alt (or Option) and Shift keys. This will create a duplicate that is vertically aligned with the original shape. Leave the duplicate shape selected and then press Control-D (or Command-D) to implement the Transform Again operation. This will create another instance of your shape, moving it the exact same distance as you did previously. Keep typing the same keyboard command until you've created a row of 10 shapes.

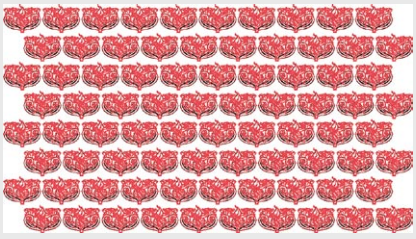
Finishing the pattern

Duplicate, offset, and duplicate until you complete the pattern in Illustrator.

1 After creating a horizontal row, press Control-A (or Command-A) to select them all. Then click any shape with the Selection tool and drag downward while holding down the Alt (or Option) key to create a duplicate row.



2 Hold down the Shift key as you drag the row to the right or left to offset it. Then press Control-A (or Command-A) to select all. After selecting everything, click any shape with the Selection tool and drag it downward while holding down the Alt (or Option) and Shift keys.

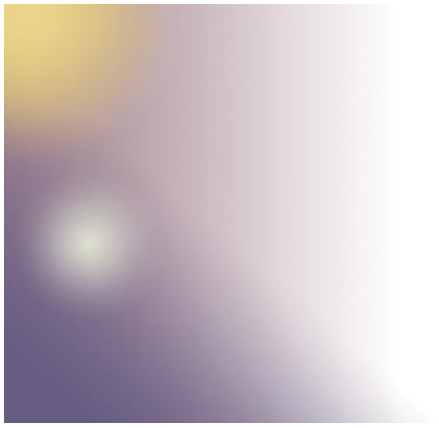


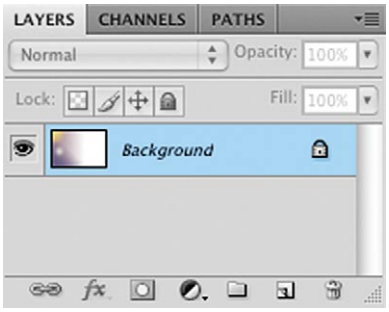
3 While the two duplicated rows are selected, press Control-D (or Command-D) twice. This will implement the Transform Again operation twice, resulting in eight rows. Press Control-A (or Command-A) to select all, and then press Control-C (or Command-C) to copy.

16 Launch Photoshop and create a new RGB file that is approximately 18 inches wide and 12 inches high. Set the background contents to white. Select the Gradient tool. In the Tool Options bar, choose the Linear gradient method and the Foreground to Transparent gradient preset. Click the foreground color swatch in the Toolbar to open the picker. Select a purple color from the picker and create a gradient on the background layer by clicking the left side of the canvas and dragging to the right.

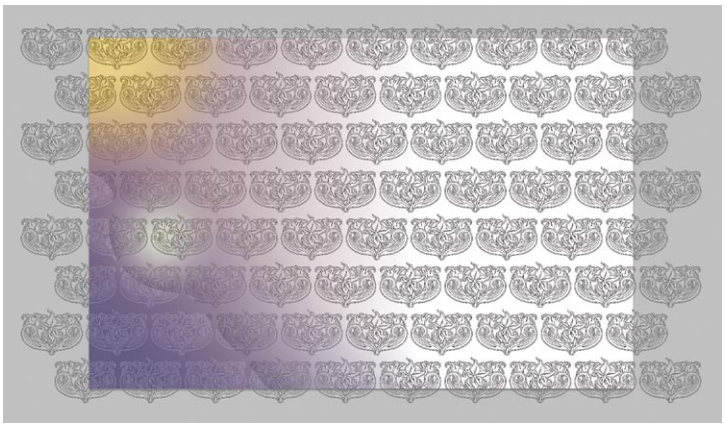
Illustrator preferences

To have the full gamut of options available to you when you paste your Illustrator art into Photoshop, it is necessary that your Illustrator preferences are set up properly before you copy. In the file handling and clipboard preferences, ensure that the PDF and AICB options are enabled. If these options are not enabled, your art will be automatically rasterized when you paste it into Photoshop.

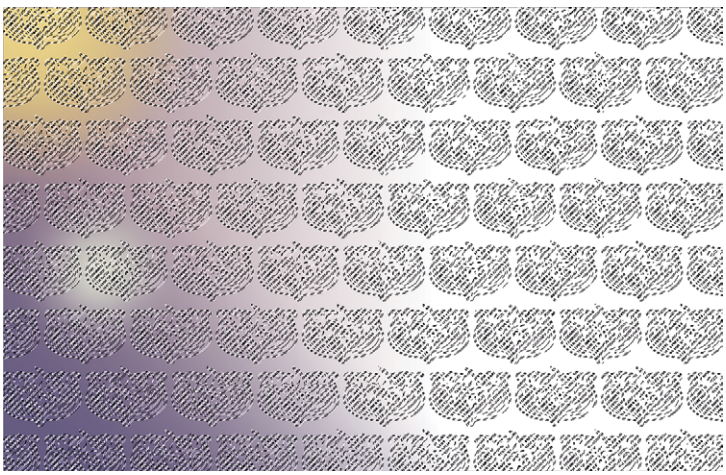


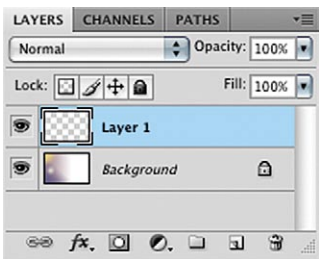


17 In the Tool Options bar, switch the gradient method to Radial. Leave the Gradient preset set to Foreground to Transparent. Now click the foreground color swatch in the Toolbar and select a yellow color from the picker. Create a large radial gradient in the upper left of the canvas area. Next, choose a darker purple foreground color and create a new gradient in the lower left. Finally, choose a very light yellow foreground color and create a smaller gradient in the area between the other two.



18 Press Control-V (or Command-V) to paste your copied art from Illustrator into the Photoshop file. When the Paste As options appear, choose the Path option. The artwork will be immense compared to your canvas. To remedy this problem, begin by pressing the F key as many times as necessary until the designated view switches to full Screen Mode With Menu Bar. Next, zoom out considerably until you can see the edges of the pasted artwork. Press Control-T (or Command-T) to enable the Free Transform operation. When the bounding box appears, click a corner point and drag inward while holding down the Alt (or Option) and Shift keys until the pattern is drastically reduced. Press the Enter key to apply the transformation.

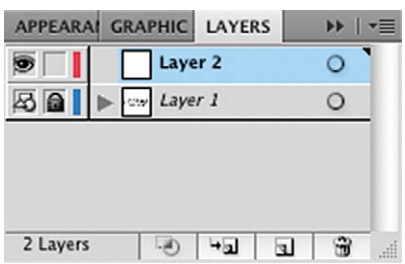




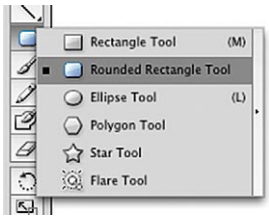
19 Ensure that you name this path in the path's palette or it will be in danger of being overwritten. Do not leave it named *work path*. If you simply double-click the path's name and then leave it set to *Path 1*, that is fine. Do this each time you add a path. Control-click (or Command-click) the path thumbnail to load it as a selection. Because it is quite intricate, it will likely take a moment for the selection to load. When the selection marquee appears, return to the Layers palette. Click the Create A New Layer button at the bottom of the Layers palette. Target the new layer.

20 Select the Gradient tool. It should still be set to the Foreground to Transparent preset. Choose the Linear method and then click the foreground color swatch in the Toolbar. When the picker appears, choose a dirty pink color and click OK. Click and drag from the left edge of the canvas to the right, filling the active selection with a gradient on the new layer. Switch to the Radial method in the Tool Options bar and then create a couple of new gradients within the selection, from the top- and bottom-left corners, moving toward the center of the canvas. Use a mauve foreground color at the bottom and a yellow color at the top. Press Control-D (or Command-D) to deactivate the selection.

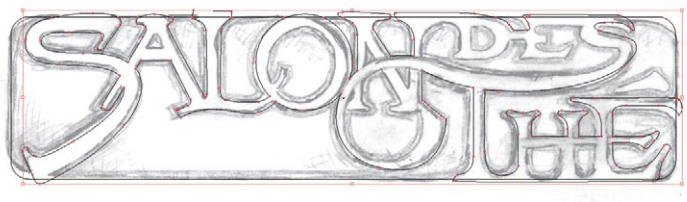
PART THREE: Creating the text

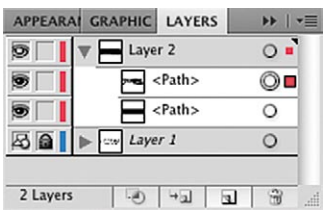


21 Return to Illustrator and create a new file. As before, the artboard size does not matter. Simply hide the artboard from view after you create the document. Choose File > Place from the menu and select the *words template.psd* file you created earlier. Click the Place button and then double-click the layer in the Layers palette. Choose the Template option from the Layer options and click OK. Click the Create New Layer Button at the bottom of the Layers palette and ensure that the new layer is targeted.



22 Click and hold the Rectangle tool in the Toolbar and then select the Rounded Rectangle tool when it appears. If your fill color is not set to Black, go ahead and change it in the Color palette. Also ensure that that the stroke attribute is set to None. Click and drag to create a new rounded rectangle about the same size as the one shown in the underlying template layer. This will define the perimeter of the text box. Press Control-Y (or Command-Y) to switch to Outline view if you are currently working in Preview mode so that you can see the underlying sketch.

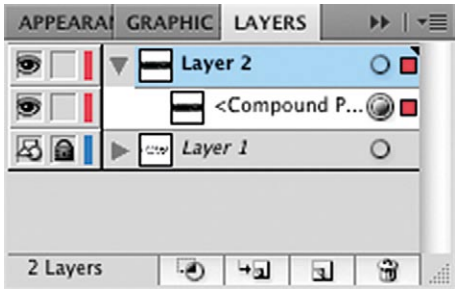




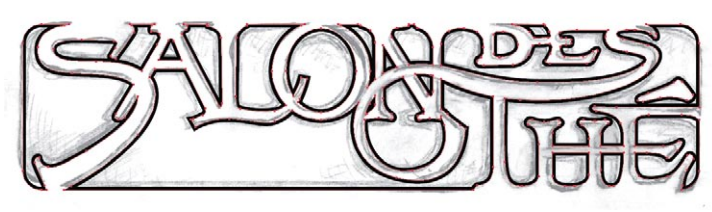
23 Use the Pen tool to carefully trace the outer line of the lettering. Concentrate only on the exterior of the letters at this point and ensure that this outer form creates a single, closed shape. This part is time consuming and requires quite a bit of patience, so relax and take your time here. It will be necessary to extend beyond the edge of the rectangle in some regions just to continue the shape. Don't worry about how the lines that extend beyond the edge of the rectangle look; they will be removed at the next stage in the process.

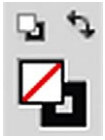
Editing rounded corners

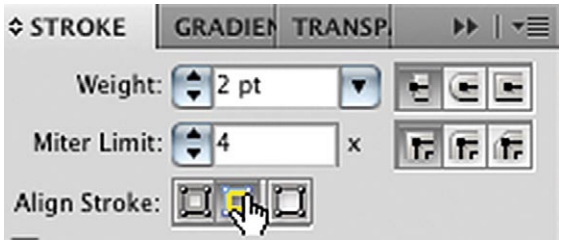
When you create a rounded rectangle, you might think that the corners are either too round or perhaps not round enough. If this is the case, delete the rectangle, then either click once or Alt-click (or Option-click) on the artboard. The rounded rectangle options will appear. Leave the width and height settings as they were so that the new rectangle will be the exact same size as the previous one. However, increase or decrease the corner radius amount as you see fit. Click OK and a new, revised, rounded rectangle will appear.



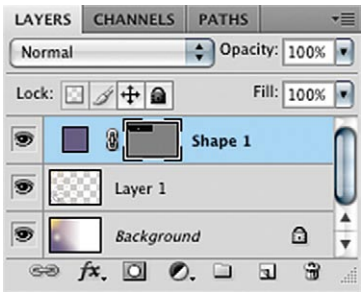
24 Press Control-A (or Command-A) to select the new shape as well as the underlying rounded rectangle. When both are selected, click the Minus Front operation in the Pathfinder palette to punch a hole in the rectangle using the new shape. View the results in Preview mode. While the resulting group is selected, choose Object > Compound Path > Make from the menu. Now use the Pen tool to carefully trace all the missing components as indicated by the sketch—things like the inside of the letter *o*, the inside of the letter *a*, and so on. Again, take your time as you draw all these little bits and pieces. It is important that they match the quality of your existing compound path. When you're finished, select all and then click the Unite button in the Pathfinder palette. After that, convert the resulting group to a compound path.



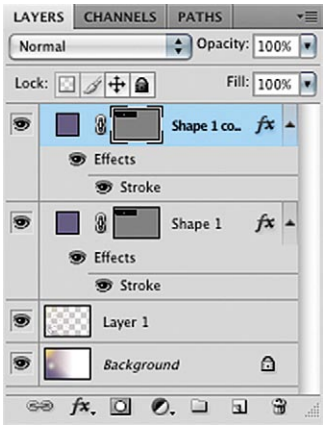




25 Switch to Outline mode and use the Pen tool to create a closed shape for the accent over the *e* in *the*. Select all and click the Minus Front button in the Pathfinder palette. Convert the result to a compound path. While the compound path is selected, click the small icon in the Toolbar that toggles the fill and stroke attributes to invert them. In the Stroke palette, choose the Align Stroke To Inside option and increase the weight to 2 points.



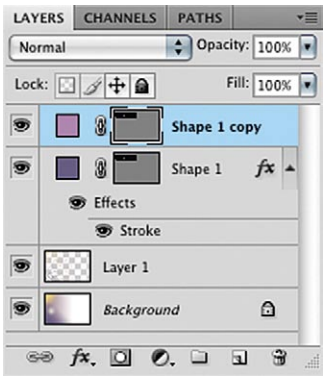
26 Choose Object > Path > Outline Stroke from the menu. This will convert the stroke attribute to an object. Select all and copy. Return to your working file in Photoshop and paste. When the Paste options appear, select the Shape Layer option and click OK. When the shape layer appears on the canvas, press Control-T (or Command-T) to access Free Transform. Shift-drag a corner point outward to increase the size of the shape and position it at the upper left of the canvas. Press the Enter key to apply the transformation. Your shape layer will use the current foreground color as its fill color. To change the color, double-click the Shape Layer thumbnail in the Layers palette. When the picker appears, choose a brighter purple color and click OK.



Illustrator workaround 2

Again, if you are not inclined to draw the text components yourself or if you simply want to inspect the actual file used here, it is included within the downloadable project files for this chapter. The file is called *words.ai*.

27 Ensure that your shape layer is targeted in the Layers palette, and then choose the Stroke option from the Layer Styles menu at the bottom of the Layers palette. In the Layer style options, enable the Preview option, if it isn't already enabled, and adjust the size of the stroke so that it is about as wide as the purple stroke of the shape layer itself. Set the Position option to Outside. Click the Color swatch and choose a light peach color from the picker. Duplicate the layer by dragging it onto the Create A New Layer button at the bottom of the Layers palette.



28 Click the Stroke effect applied to your duplicate layer and drag it to the trash at the bottom of the Layers palette to remove it. Double-click the Duplicate Shape layer's thumbnail to access the picker and change its color to a lighter purple. Choose the Direct Selection tool from the toolbar. Hold down the Alt (or Option) key and click the outer path on the left side of the shape layer. This will select the outer path only, leaving the inner path untouched. Press the Delete key. As the outer path is removed, the fill is inverted, filling the inner path.

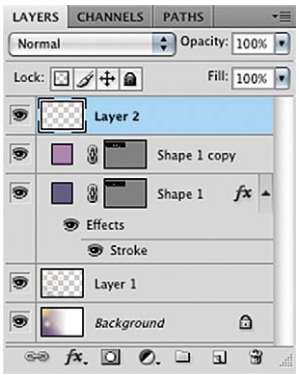
Inverting the shape layer

Removing the outer paths will cause a drastic change in the layer's shape area operations.

1 Alt-click (or Option-click) on the outer path of the shape to the upper right of the *s* with the Direct Selection tool. Again, when the outer path is selected, delete it. It is very important to hold down the Alt (or Option) key as you click an outer path.

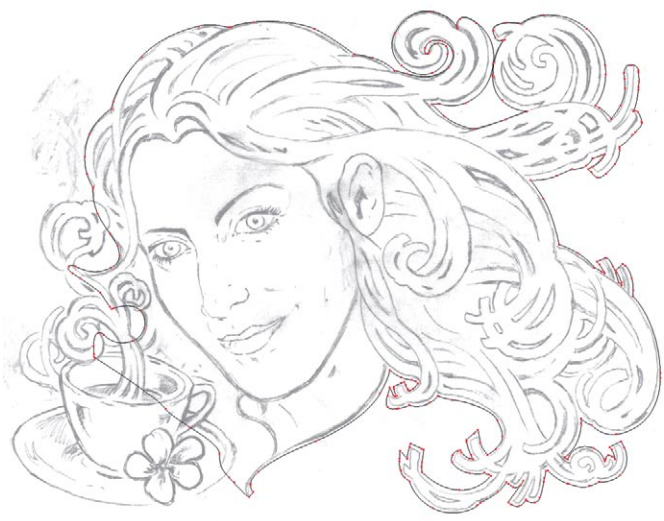
2 If you do not hold down the Alt (or Option) key when you click, the Direct Selection tool will select a single point or line segment. Pressing the Delete key will only delete that single point or line segment until you press it a second time. Alt-click (or Option-click) on the outer path inside the *a* and then delete it.

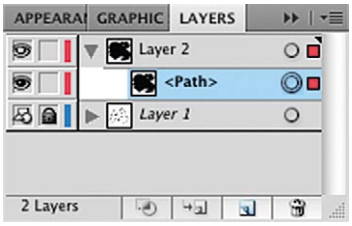
3 Repeat this process with each shape, with the exception of the accent over the *e*. For the accent over the *e*, Alt-click (or Option-click) on the inner path this time and then press the Delete key. The result of all this selecting and deleting will look like what is shown here.



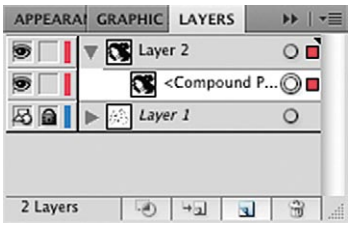
29 Control-click (or Command-click) on the duplicate shape layer's vector mask thumbnail in the Layers palette to load it as a selection. Create a new layer and ensure that it is targeted. Select the Gradient tool and set the preset to Foreground to Transparent if it isn't already. Also, ensure that the Radial method is specified in the Tool Options bar. Select a very light mauve foreground color from the picker. Click and drag from left to right within the selection on the new layer. This will create a gentle blend in this area. Deactivate the current selection.

PART FOUR: The woman's face and hair





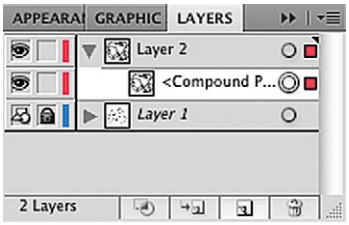
30 Return to Illustrator and create a new file. Once again, the artboard size doesn't matter. Simply hide the artboard from view. Set the Fill attribute to Black and the Stroke attribute to None. Choose File > Place from the menu and place the *face template.psd* file. As before, double-click the layer in the Layers palette and then enable the Template Layer option. Create a new layer and ensure that it remains targeted. Working in Outline mode, use the Pen tool to carefully create a large, closed shape that traces the outer contour of the woman's face and hair. Don't worry about the teacup or flowers at this point. You can simply create a simple line segment in the region that overlaps the teacup. Feel free to deviate from the sketch slightly as you see fit.



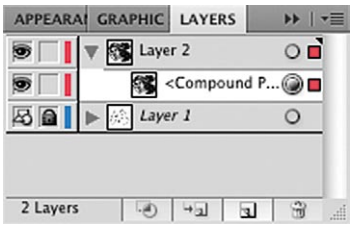
31 Now proceed to draw another shape that traces the interior of her face. This will entail tracing around the eyebrow at the left as well. Press Control-A (or Command-A) to select all and then click the Minus Front button in the Pathfinder palette to subtract the face shape from the outer shape you created previously. While the resulting group is selected, choose Object > Compound Path > Make from the menu. Next, repeat the process by tracing her neck area; take some liberty while tracing the right side of this shape. When the shape is closed, select all, perform the Minus Front operation, and then convert the resulting group to a compound path. Switch to Preview mode to view the results thus far.

Illustrator workaround 3

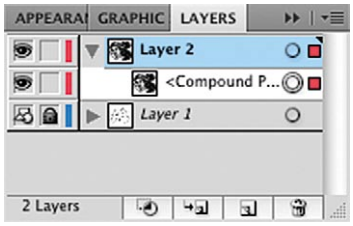
Due to the intricacy of drawing required for this illustrated component, it is likely that most of you will want to at least peruse the actual file used here. If you want to use that file instead of creating your own, that is fine, too. This file is called *main.ai* and is included within the downloadable project files for this chapter. The woman's face is on its own layer in the Illustrator file. Also included in this file, on separate layers, is the finished artwork for the teacup and flower that you'll create later in the chapter. Feel free to inspect these as well, or simply use them in place of creating your own components later on.



32 Now begin the task of tracing the interior of her hair area to create a single, very complicated, closed shape. Just follow the contour all the way around. In some instances you'll be moving inward to trace a detail from the sketch, then you'll double-back along the other side of the detail to get back to the interior edge and then continue on from there. This process will take a while, so allocate a fair amount of time for it. When you're finished, select all, perform the Minus Front operation, and then convert the resulting group to a compound path.

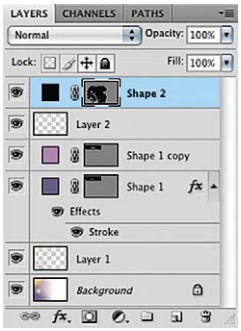


33 The next step is to trace all the solid black details. Using the template as your guide, create closed shapes to represent all the details in the woman's face and hair. When you get to areas where there are holes or spaces between strands of her hair, simply trace the outer perimeter for the time being. We'll punch holes in these regions in the next step. For now, take your time and create all the black regions. When you're happy with the result, select all and click the Unite button in the Pathfinder palette. After uniting, convert the group into a compound path.

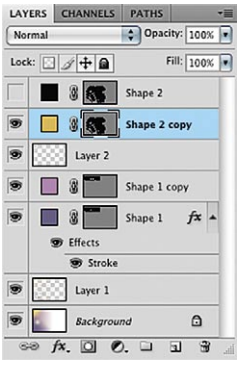


34 Now you'll need to switch back to Outline mode, because we're going to create the holes or negative spaces in the large black regions of her hair. If you work in Preview mode, you won't be able to use the underlying template as your guide. Begin by creating a single, white inner shape that traces the inner line of one of these negative spaces. Ensure that the shape is closed and then select all. After selecting all, click the Minus Front button in the Pathfinder. After doing that, convert the resulting group to a compound path. Then repeat this entire process for each hole or negative space. First create the closed shape, select all, perform the Minus Front operation, and then convert the resulting group to a compound path. Do not deviate from this workflow or things could go horribly wrong. You must work with one piece at a time. This process can be time consuming, but it is essential in ensuring that the resulting compound shape looks like the one shown here and will work properly when you bring it into Photoshop.

PART FIVE: Color, shading, and detail



35 Select your compound shape and copy it. Save this Illustrator file and keep it open, since we will be returning to it. Return to your working file in Photoshop. Set the foreground color to black by pressing the D key on your keyboard, and then paste. When the Paste options appear, choose the Shape Layer option to paste the copied art in as a shape layer. Leave the fill color of the shape layer set to Black and use the Move tool to drag it to the left, positioning it beneath the text.

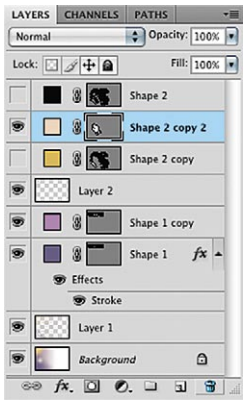


36 In the Layers palette, target your new shape layer. Hold down the Alt (or Option) key, and then drag downward in the Layers palette until you see a horizontal, thick, black line appear directly beneath the shape layer. Release the mouse button and you'll see that this is an excellent way to not only duplicate a layer but to also place your duplicate where you want it within the Layers palette. Disable the visibility of your original layer and then double-click your duplicate layer thumbnail in the Layers palette, to open the picker. Choose yellow to change the duplicate layer's fill color to yellow.

Exporting paths

At this point, you can clearly see that there are a number of ways to incorporate Illustrator art into your Photoshop files. However, this relationship is a two-way street, and paths can also be exported from Photoshop to use within Illustrator. To export a path, choose File > Export > Paths to Illustrator. This choice allows you to create a new Illustrator file containing one of your Photoshop paths. In the Export Paths box, you can name your file and choose which path to export from the Write menu. The new file containing your path can then be opened and edited within Illustrator.

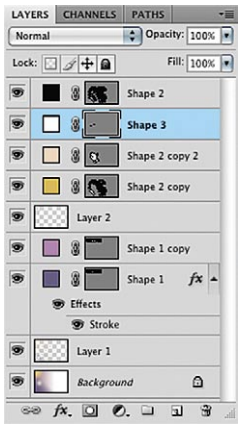
37 Choose the Direct Selection tool from the Toolbar and use it to click the outside path component of your shape layer while holding down the Alt (or Option) key. This will select the entire outer path component without selecting any of the other path components. Press the Delete key and the selected path component will disappear. This alters the behavior of other path components, inverting the effect on the shape layer. The result is a filled hair shape, but it is not perfect. Some components will invert that you don't want to invert. Alt-click (or Option-click) on any unwanted inverted components, such as her face, neck, ear, and the areas between strands of her hair. Press the Delete key to remove them. Remove any remaining details that should appear on the black layer, especially facial details.

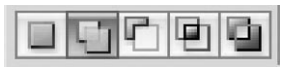


38 Disable the visibility of your new yellow hair shape layer. Alt-drag (or Option-drag) your hidden black outline shape layer again to create another duplicate shape layer that resides between the original black outline layer and the yellow hair layer in the Layers palette. Enable the visibility of your newly duplicated layer. Again, use the Direct Selection tool to Alt-click (or Option-click) the outer path. Delete the selected outer path to invert the shape layer. Then systematically delete all shape layer components that are not areas of her skin. Again, use the method of Alt-clicking (or Option-clicking) and deleting. Take care when you get to the ear. Ensure that you delete the outer path and the details but not the inner path. Double-click the Shape Layer thumbnail in the Layers palette and change the color of the shape layer to a flesh tone.

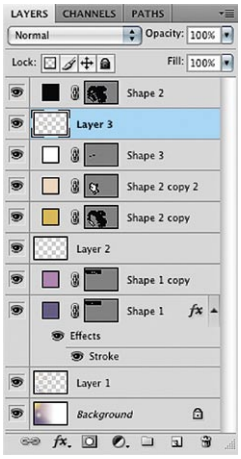
Saving paths as shapes

You can store any path or shape layer's vector mask as a custom shape, to be used again at any point later on. To save a path as a custom shape, first target the path in the Paths palette. Then choose Edit > Define Custom Shape from the menu. Name your shape and click OK. This will add your shape to the custom shape pop-up palette in the Tool Options bar, which is available only when you're using the Custom Shape tool. Simply choose your new custom shape from the available options in the pop-up menu. Then click and drag to create a new instance of your shape. Holding down the Shift key as you drag will ensure that your shape is proportionately accurate.





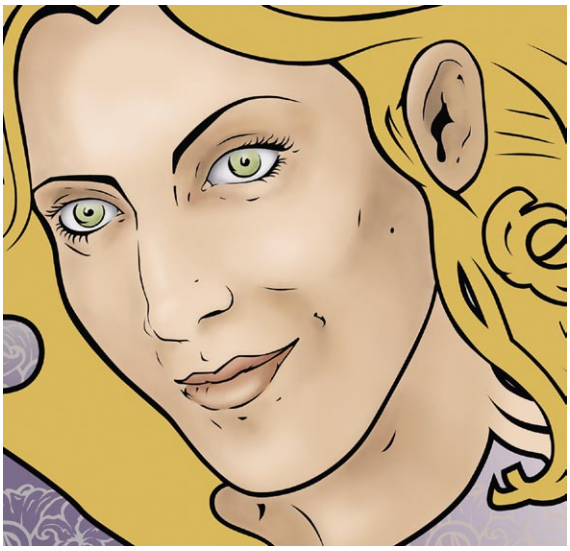
39 Enable the visibility of your black outline and yellow hair shape layers in the Layers palette. Select the Pen tool. Ensure that it is set to create a new shape layer in the Tool Options bar, and set your foreground color to White. Use the Pen tool to carefully draw a closed path that outlines her eye, creating a new shape layer. Then choose the Add to Shape Area option in the Tool Options bar and create a closed path component around her other eye, adding it to the existing shape layer.



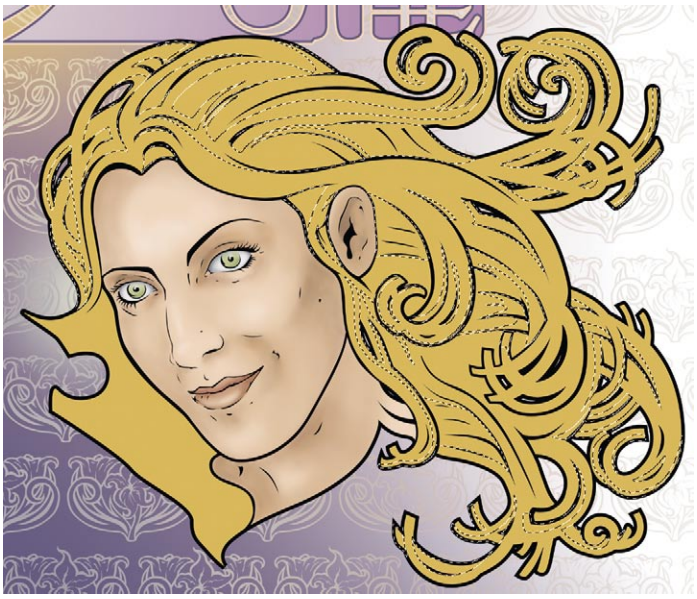
40 Now add a bit of soft, painterly shading to your artwork, in keeping with the signature appearance of authentic Art Noveau. First, Control-click (or Command-click) on your flesh-colored shape layer to load a selection based on the contents of that particular layer. Create a new layer that resides directly above your white eyes shape layer in the Layers palette. Select the Brush tool and choose a large, soft, round brush tip preset. Set the opacity of your brush around 20% in the Tool Options bar. Select a darker flesh color from the picker and begin to paint some shaded areas in the selection on the new layer.

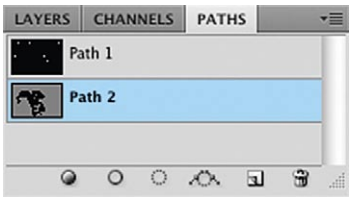
Moving layer effects

When you apply a layer effect to a layer, it is not permanently attached to that layer. You can move it to another layer by simply clicking the layer style and dragging it onto another layer in the Layers palette. Or you can copy your layer style to another layer by clicking it and then Alt-dragging (or Option-dragging) it onto another layer.

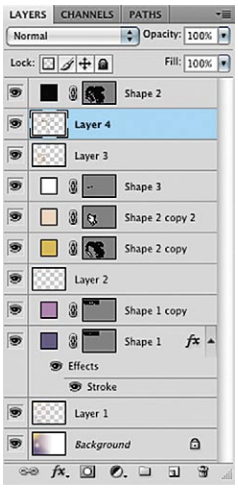


41 Continue to paint shaded areas on the woman's face. Choose lighter or darker flesh colors from the picker and increase or decrease brush opacity as required until you've painted a sufficient amount of soft shading onto her skin. Next, use the same techniques, with much smaller brush tips and different colors, to paint shading into the whites her eyes, her iris areas, and her lips. When you're finished, deactivate the selection and select the Pen tool. Ensure that the Pen tool is set to create paths, not shape layers, and that the Add To Path Area option is selected in the Tool Options bar.

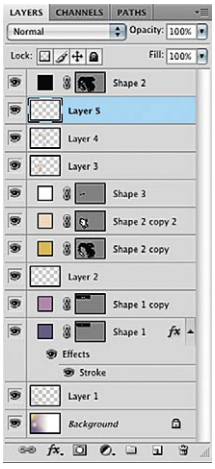




42 Now take a good look at the woman's hair and try to visualize where darker areas would naturally occur within the yellow areas. Carefully draw numerous closed path components wherever you think her hair should have some darker shading. Keep your shapes simple and use the contours indicated by the black outline layer as your guide. When you've finished creating the path components, generate a selection from the entire path by Control-clicking (or Command-clicking) it in the Paths palette.



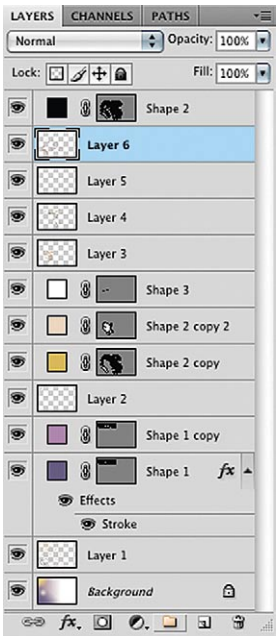
43 Return to the Layers palette. While the current selection is active, create a new layer and ensure that it is targeted. Select the Gradient tool from the Toolbar. Choose a brown foreground color from the picker and then click and drag within the active selection to add numerous gradients. Create a variety of radial, foreground-to-transparent gradients within the selection. Deactivate the selection and then select the Pen tool. Now use the Pen tool to create a series of path components to represent small highlight areas within her hair. Again, use the black outline art as your visual guide.



44 Load the new path as a selection and create a new layer. Choose a very light yellow foreground color from the picker. Be certain to select a yellow that is much lighter than the color of her hair. Fill the active selection with the new light yellow foreground color on the new layer by typing Alt-Delete (or Option-Delete) on the keyboard. Deactivate the selection.

Other paste options

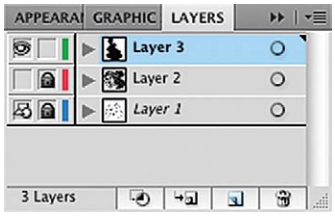
In addition to pasting your Illustrator art into Photoshop as paths and shape layers, there are a couple of other options. You can paste copied artwork from Illustrator into Photoshop as pixels or Smart Objects. Pasting as pixels will add your artwork to the canvas with a bounding box surrounding it. Similar to Free Transform, you can adjust size, angle, or position and then press the Enter key to apply the transformation. Once the transformation is applied, the artwork is rasterized. Smart objects are pasted in with the same bounding box surrounding them, yet they are not rasterized and remain editable. You can edit the source content of your smart object by double-clicking it in the Layers palette.



45 Using the methods we used on the previous page, let's add some unnatural mauve details into our subject's hair. First, use the Pen tool to draw closed path components within her hair that will accommodate gradients of a different color. Load the entire finished path as a selection, create a new layer, and select the Gradient tool. Choose a mauve foreground color from the picker and create a series of radial, foreground-to-transparent gradients within the selection until it resembles what is shown here. Deactivate the selection when complete.

46 Now use the Pen tool to draw a number of closed path components in areas where you want to create some mauve highlights in her hair. Use the same logic and techniques that you used to create the yellow highlight path components. Also, create a closed path component that surrounds the area in her hair to the left of her cheek and neck. Generate a selection from the entire path and fill the contents of the selection with the current mauve foreground color on the same layer as your mauve gradients. Deactivate the selection.

PART SIX: Creating the teacup

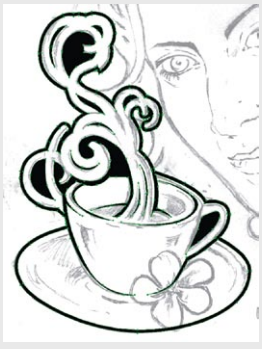


47 Return to your open Illustrator file and disable the visibility of the compound path layer by clicking the Visibility icon in the column to the left of it in the Layers palette. Then lock the layer by clicking in the column to the right of that. Create a new layer, ensure that it is targeted, and select the Pen tool. Use the Pen tool to carefully create a closed shape around the outer perimeter of the teacup and rising smoke. Just focus on tracing the exterior at this point, and feel free to improve on what is indicated by the sketch. Close the shape when you're finished.

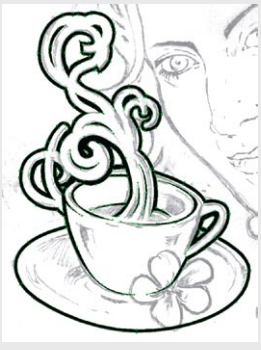
Repeating the process

Use what is now becoming a familiar procedure to finish creating the teacup.

1 Now use the Pen tool to trace the inner region of the teacup and the smoke. Create a closed shape and then select all. When everything is selected, click the Minus Front button in the Pathfinder palette. After that, choose Object > Compound Path > Make from the menu.

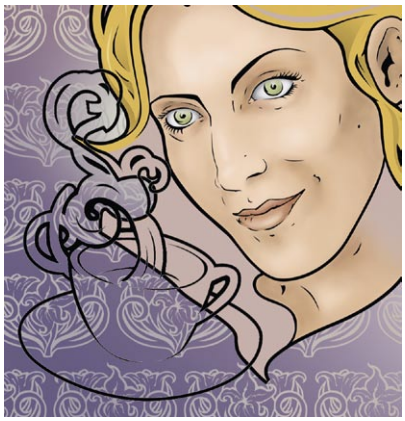


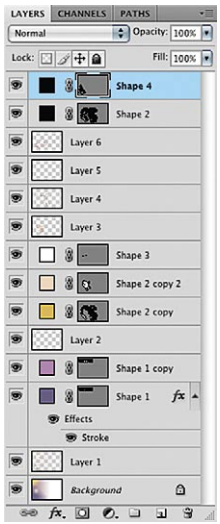
2 Next, use the Pen tool to create a series of closed shapes that trace over all the solid black details in the underlying sketch. Overlap the existing shape in regions where the details should connect with it. Select all and then click the Unite button in the Pathfinder. Convert the resulting group into a compound path.

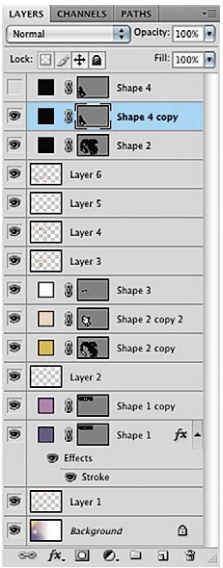


3 Switch to Outline mode if you're currently working in Preview mode, so that you can see the underlying sketch. Draw a shape that traces an inner hole or negative space within a solid black shape. Select all, perform the Minus Front operation, and then convert the resulting group to a compound path. Repeat this process as many times as necessary to punch the required holes into the solid black shapes. Switch to Preview mode to view the result.

48 Copy the compound path and save the Illustrator file. Leave it open because we'll be returning to it shortly. Return to your working file in Photoshop and press the D key to set the foreground color to black. When the Paste options appear, choose Shape Layer to paste the copied art into your file as a new shape layer. Use the Move tool to move the teacup outline to the lower left of the canvas.



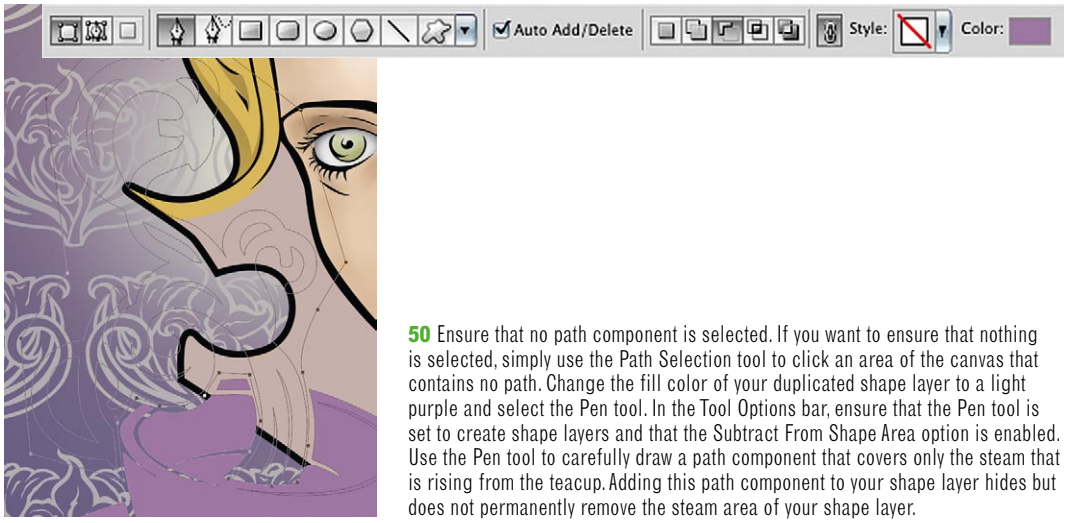




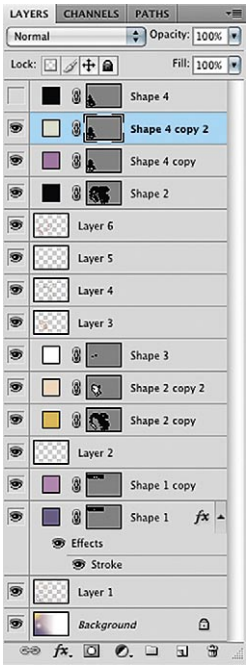
49 Create a duplicate of the shape layer underneath the original. Disable the visibility of your original layer and target the duplicate in the Layers palette. As you did with her hair and face previously, use the Direct Selection tool to Alt-click (or Option-click) a point or line segment of the outer path component in this shape layer. Press the Delete key to remove the outer path component and invert the shape layer areas. Use this same method to remove unwanted, inverted path components from the layer—places such as the inner paths that are used to define holes or negative spaces.

Dragging from Illustrator

If you want to add Illustrator art to your Photoshop file as a smart object, there is a quicker method than copying and pasting. Use the Standard Screen Mode option in Illustrator and position your window so that you can see your open Photoshop destination file in the background. Then simply drag your Illustrator art with the Selection tool into your Photoshop file in the background. The dragged artwork will be added to your Photoshop file as a smart object.



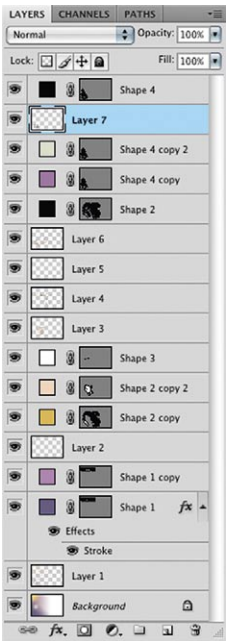
50 Ensure that no path component is selected. If you want to ensure that nothing is selected, simply use the Path Selection tool to click an area of the canvas that contains no path. Change the fill color of your duplicated shape layer to a light purple and select the Pen tool. In the Tool Options bar, ensure that the Pen tool is set to create shape layers and that the Subtract From Shape Area option is enabled. Use the Pen tool to carefully draw a path component that covers only the steam that is rising from the teacup. Adding this path component to your shape layer hides but does not permanently remove the steam area of your shape layer.



51 Duplicate the purple teacup shape layer. Target your new duplicate layer and change the fill color to a light green. Choose the Path Selection tool and use it to select the path component on your duplicate shape layer that hides the steam shape. With the path component selected, click the Intersect Shape Areas button in the Tool Options bar. Doing this will only reveal areas on the shape layer where shape components overlap.

Combining

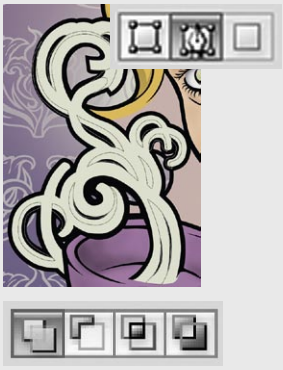
You can use components together to produce a variety of shape area effects in a single shape layer. However, you can create a final, single shape from your shape layer components by selecting them with the Path Selection tool and then clicking the Combine button in the Tool Options bar. Once you combine the different components, you will lose the ability to move or edit the components individually, because the result of combining is one single shape.



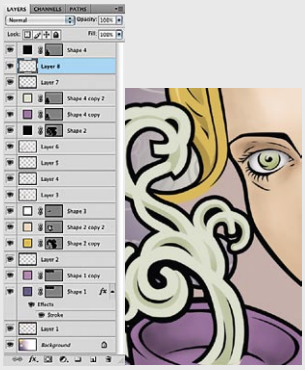
52 Create a new layer in the Layers palette and then Control-click (or Command-click) the purple teacup shape layer to generate a selection from the visible contents of the layer. Target your new layer and enable the visibility of the black outline shape layer directly above it in the Layers palette. Now select the Brush tool. Use a similar large, soft, round, brush preset and opacity setting to those used previously to paint the shading on the woman's skin. Use darker purple foreground colors to paint shading onto the teacup within the selection border. Adjust opacity and brush size as necessary. Deselect when finished.

Add shadows and highlights

Introduce a series of gradients into path-based selections to add shadows within the steam and highlights onto the cup and saucer.



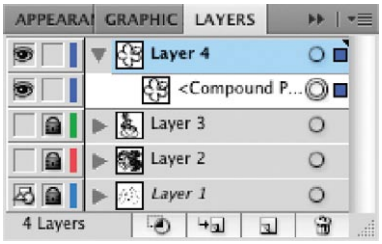
1 Select the Pen tool. Ensure that it is set to create paths and that the Add To Path Area function is enabled in the Tool Options bar. Draw a series of path components to define areas within the steam where shading should occur.



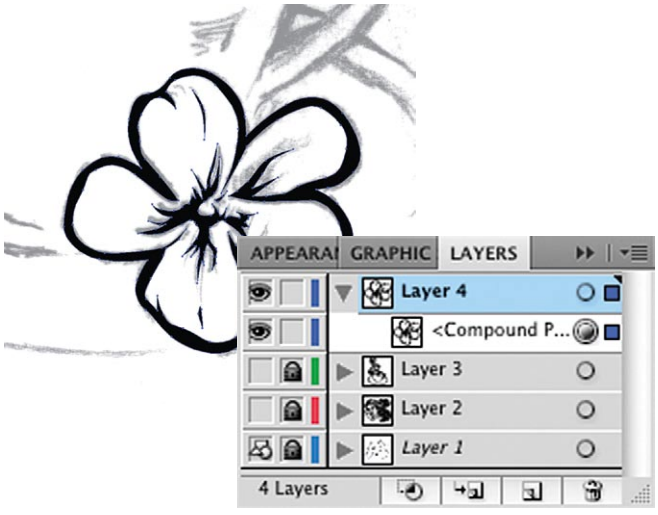
2 Load the entire path as a selection and create a new layer. Use the Gradient tool to create a series of darker green, radial, foreground-to-transparent gradients within the active selection on the new layer, to indicate shaded areas.

3 Now use the Pen tool to create closed path components on the cup and saucer and the coffee's surface. Generate a selection from the entire path and fill the selections with white or mauve, radial, foreground-to-transparent gradients on the same layer. Deselect.

PART SEVEN: Adding the flowers



53 Return to your open file in Illustrator. Disable the visibility of the teacup layer and lock it. Use the Pen tool to draw a closed shape that traces the outer edge of the flower on the teacup. After that, switch to Outline mode if necessary to view the underlying sketch. Then draw another closed shape that traces the interior of the flower. Feel free to trace the contour of some of the petal details that connect with the outline, as indicated by the sketch while you create this shape. After closing the shape, select all and perform a Minus Front operation to subtract the inner path from the outer path. Convert the resulting group to a compound path.

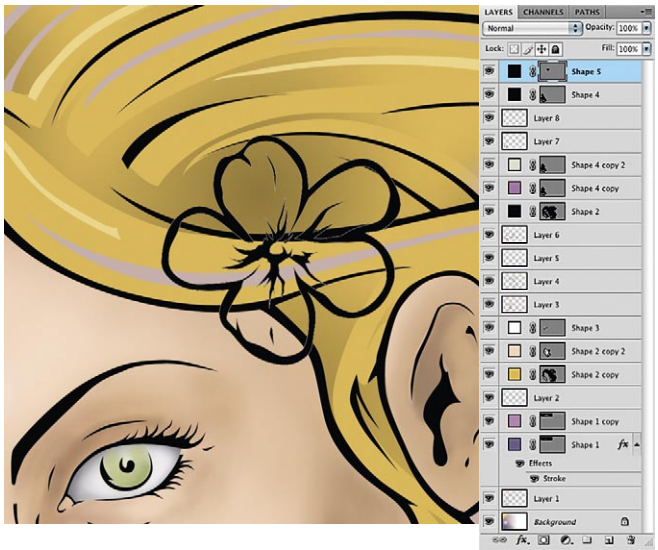


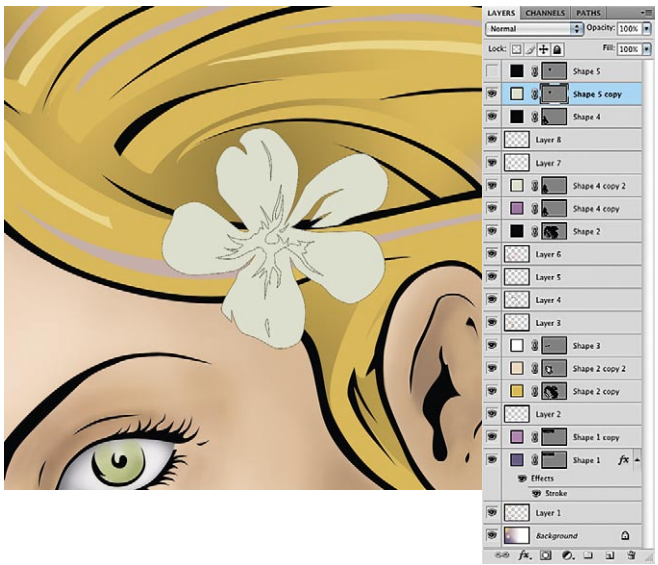
54 Use the Pen tool to create a series of closed paths that trace the details in the center of the flower as well as the details on the petals. When you are finished, select all and perform a Unite operation via the Pathfinder palette. Convert the resulting group to a compound path and copy it.

Visibility and locks

After locking a layer or disabling the visibility, you can unlock or enable the visibility again by clicking in the same column in the Layers palette. For obvious reasons, it is good practice to keep things separate as you work. However, by keeping everything in one file, there is also the bonus of being able to reuse the same placed sketch rather than creating a new file for each component, placing the sketch each time, creating a template layer each time, and so on.

55 Return to your working file in Photoshop. Press the D key on the keyboard to set the foreground color to black. Paste the copied flower art into Photoshop as a new shape layer. Drag the layer to the top of the stack in the Layers palette. Use the Move tool to position the flower so that it overlaps the woman's hair near her temple on the canvas.



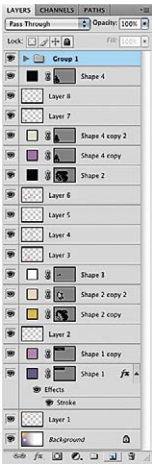


56 Create a duplicate of this shape layer beneath the original in the Layers palette. Disable the visibility of your original flower shape layer and ensure that your duplicate is targeted. As you've done previously with the woman and the teacup, use the Direct Selection tool to click a point or line segment of the outer path while holding down the Alt (or Option) key. Press the Delete key to invert the area of your shape. Double-click the layer in the Layers palette and change the color of the shape layer to a light green, like the green steam rising from the teacup.

Viewing effects

When you add an effect to your layer, it is shown beneath the layer. To hide the effect in the Layers palette, simply click the Expand/Collapse button to the right of the layer thumbnail. To view a hidden effect, click the same button to expand the layer, revealing the effects. To hide an effect on the actual canvas, click the Visibility icon (the eye) to the left of the effect. Repeat the same method to make the effect visible again.

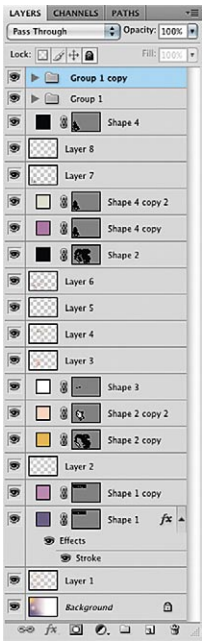
57 Enable the visibility of the flower black outline layer. Select the Ellipse shape tool. Ensure that it is set to create shape layers rather than paths and that the Create New Shape Layer option is enabled in the Tool Options bar. Draw an ellipse in the center of the flower to create a new shape layer just below the black outline layer. While your new shape layer is targeted, click the color swatch in the Tool Options bar and select a yellow color from the picker.



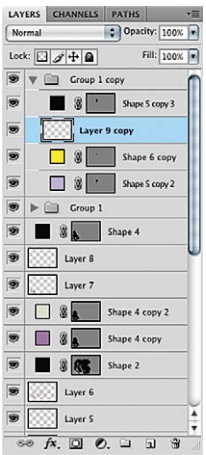
58 Load a selection from the green flower shape layer by Control-clicking (or Command-clicking) it in the Layers palette. Create a new layer and select the Brush tool. As you've done previously with the other image elements, choose a soft, round brush preset and a low opacity setting. Paint inside the selection on the new layer, using a darker green color than the flower petals to add shading. Vary brush size, color, and opacity as necessary to achieve a pleasing result. Deactivate the selection when you're finished. Click the top shape layer, the black outline layer. Then Shift-click the bottom flower layer. Press Control-G (or Command-G) to group the layers.

Pasting paths

When pasting paths into Photoshop from Illustrator, it is very important to keep an eye on what is currently targeted in the Photoshop Paths palette. To paste illustrator art into Photoshop as a new path, there must be no path targeted in the Paths palette at the time of pasting. If you have a path targeted when you paste, the newly pasted vectors will be added to the currently targeted path as additional path components.



59 Duplicate your group by dragging it onto the Create A New Layer button at the bottom of the Layers palette. Choose Edit-Free Transform from the menu, and Shift-drag a bounding box corner point inward slightly to reduce the size of the flower. Click and drag within the center of the bounding box to reposition the duplicated group on the canvas. If you want to rotate your group, simply move the mouse outside the bounding box and then click and drag. When you're finished, press the Enter key to apply the transformation.



60 Once you've duplicated the flower and changed the size and position, the next step is to change the color. Inside the duplicate group, double-click the light green shape layer to open the picker. Choose a purple/blue color and click OK to change the color of the shape layer. Next, target the layer within the duplicate group that contains the painted shading. Choose Image > Adjustments > Hue/Saturation from the menu. Adjust the sliders until the shading is a darker purple/blue color.

61 Create numerous duplicates of the flower groups. Alter the color of the petals shape layer and the hue/saturation of the paint layer within various duplicate groups to add some variety in terms of flower color. Use Free Transform to resize and rotate them as necessary. Scatter the flowers around the canvas area. Move the groups up and down within the Layers palette as necessary so that some flowers overlap others on the canvas area. At this point, feel free to edit existing layers and embellish the image further using the plethora of techniques we've employed in this chapter.

Final analysis

Let's take a moment to reflect on the Illustrator and Photoshop methods that were essential to the success of creating this Art Nouveau masterpiece.

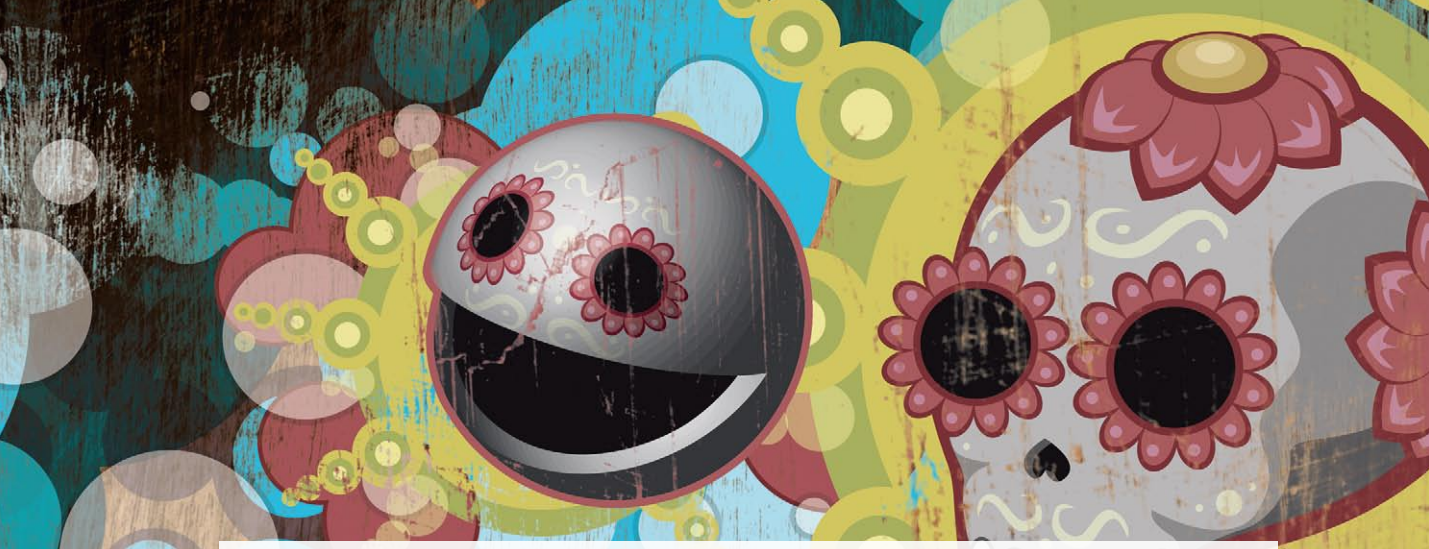
a Pasting paths from Illustrator into a Photoshop document allows us to produce a sharp-edged selection border from the highly detailed Illustrator vector art. Then Photoshop paint tools can be used within the selection to introduce a pattern containing various soft, graduated colors.

b Pasting art as shape layers gives you the option of duplicating your layers and reversing the shape area effects by methodically deleting path components. This is an excellent way to create solid color fill layers to match up with your outline art.

c Introducing painted strokes as shading into the Photoshop file allows us to soften the harsh, solid, vector appearance of working with shape layers. Underlying shape layer contents can provide the basis for selection borders, allowing you to constrain your painting to an area defined by a selection border.

d By working with different shape area options and introducing new path components to your shape layers, you are able to selectively reveal shape layer content differently from layer to layer, as we did here with the teacup and steam layers.

e By duplicating the flower group, altering the fill color of the shape layer, editing the hue of the paint layer, adjusting size, and repositioning, we are able to scatter numerous variations of the same flower throughout the scene.



Chapter 2

2D Textures and 3D Vectors

Combining Illustrator with Photoshop

Illustrator is generally the first choice of any digital artist, designer, or illustrator for creating sharp vector graphics. However, let's not forget about the myriad of vector tools and features in Photoshop. Even though they're not as comprehensive as those provided by Illustrator, they are powerful and extremely useful. The trick is to know when to use each program and for what purpose. In some cases it is logical, and convenient, to create and edit basic vector shapes in Photoshop. However, in instances where 3D vector technology, symbols, or clipping masks are required, Illustrator is the tool you're going to need to reach for.

An unfortunate byproduct of working with vectors is that an inherently digital or perfect look often prevails at the end of it all. Things can feel too perfect, too crisp, or too sharp. An excellent way to remedy this is to explore a variety of masking methods within both Illustrator and Photoshop, using image-based textures as your mask resources to distress your vectors in a convincing manner. This allows you to combine distressed textures from pixel-based imagery, with the crisp and clean artwork created with vector tools. The result is something entirely unique that resides in the mysterious realm between vectors and pixels. Getting comfortable with this newfound middle ground is essential to creating imagery that transcends the signature appearance of the tools you use.

Versions

Photoshop CS4
Illustrator CS4

Requirements and Recommendations

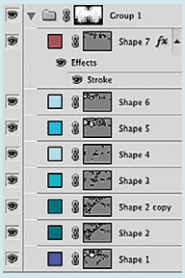
In addition to Photoshop, you'll need a copy of Illustrator. If you don't have a copy of Illustrator, a trial version can be downloaded from www.adobe.com.

What you'll learn in this chapter

Creative Techniques and Working Methods

Masking vectors in Photoshop

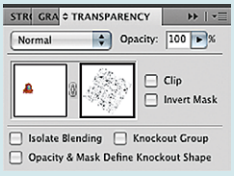
If you're holding this book in your hands, there's a good chance that you are aware of the possibilities of combining vectors and pixels in Photoshop. If you aren't aware of these possibilities, worry not; that awareness will settle in soon after you begin to read this chapter. In any case, Photoshop houses a plethora of vector creation and editing tools. And, as exemplified by the first portion of this chapter, there's a lot that you can do with vectors in Photoshop. Also, of equal importance is the fact that there are some great methods that you can employ using Photoshop to mask your vector shapes with image files, combining imagery from within alpha channels with your shape layers via layer masks.



Masking vectors in Illustrator

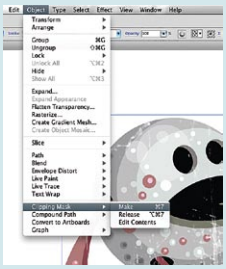
When people think of Illustrator, they generally don't think about masking vectors with images. The capability is there, yet we see that the process is a little different when we compare it to the same task in Photoshop. You need to designate your image as an opacity mask, which will allow you to see through the image's white regions while black regions remain hidden, exactly like the behavior of a layer mask in Photoshop. You can apply an opacity mask to a single object or an entire group. You can also edit the mask independently of your artwork in Illustrator at any time. Again, the same inherent logic prevails in Photoshop when we perform a similar task, yet the procedure is slightly different. All is explained over the following pages.

Tools, Features, and Functions



Transparency palette

This is the place in Illustrator where you can convert a placed image into an opacity mask. In addition, by clicking the mask thumbnail, you enter a mode in which you can edit the mask itself without affecting the masked artwork.

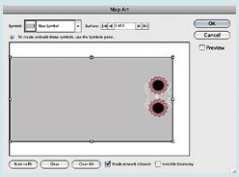


Clipping masks

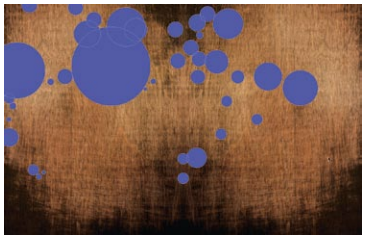
Just like a vector mask in Photoshop, a clipping mask in Illustrator uses the structure of a vector shape to clip or mask artwork. You can mask a single object or a group. A clipping mask affects only the item that is directly beneath it in the Layers palette.

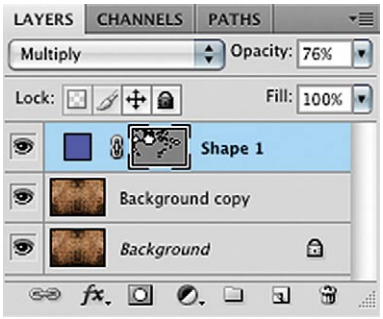
Symbols and 3D

You might already know that Symbol technology is a great way to manage numerous instances of the same thing in Illustrator. However, you might not be aware of the fact that Symbols can be mapped onto 3D effects, creating a surface texture or material on the resulting object.

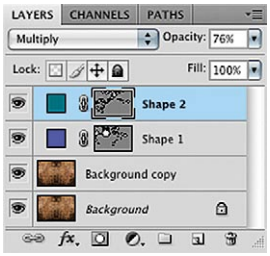


PART ONE: Building the background





1 Open the *background.psd* file. Duplicate the background layer by dragging it onto the Create A New Layer button at the bottom of the Layers palette. Change the blending mode of the duplicate layer to Soft Light and reduce the opacity to 47%. Click the foreground color swatch in the Toolbar and select a bluish-purple foreground color from the picker. Select the Ellipse shape tool and ensure that it is set to create shape layers in the Tool Options bar. Click and drag while holding down the Shift key to create a circular shape within the new shape layer. Then click the Add To Shape Area button in the Tool Options bar. With this operation enabled, continue to click and drag while holding down the Shift key to add a number of other circles to the same shape layer. Try to create something that resembles what is shown here.



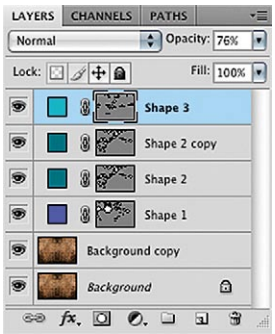
2 Change the blending mode to multiply and then reduce the opacity of the layer to 76%. Click the Create New Shape Layer button in the Tool Options bar. Select a teal-blue foreground color from the picker and then Shift-click the canvas to create a new teal circle within a new shape layer. You'll notice that the new shape layer has a multiply blending mode and an opacity setting of 76%, just like the previous shape layer. Again, click the Add To Shape Area button in the Tool Options bar. With this operation enabled, click and drag repeatedly while holding down the Shift key until the canvas looks something like the following.

Project files

All the files needed to follow along with this chapter and create the featured image are available for download on the accompanying Website, in the project files section. Visit www.beyondphotoshopthebook.com.

Shape size and position

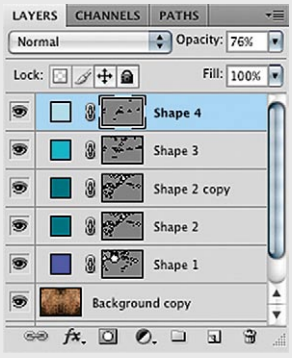
If you want to move an individual shape within a shape layer, simply use the Path selection tool to click it and then drag it to the desired position. While an individual shape is selected, you can resize it via Edit > Free Transform at any point.



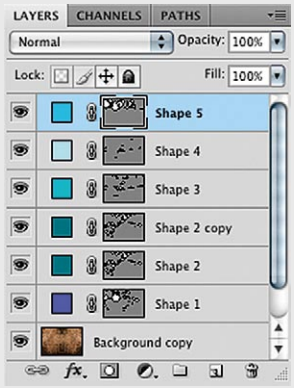
3 Duplicate the layer by dragging it onto the Create A New Layer button at the bottom of the Layers palette. Change the blending mode of the duplicate layer to color. Again, click the Create New Shape Layer button in the Tool Options bar. This time select a slightly lighter blue foreground color from the picker and then Shift-click the canvas to create a new teal circle within a new shape layer. After that, click the Add To Shape Area button in the Tool Options bar. With this operation enabled, click and drag repeatedly while holding down the Shift key until you've created some cloud shapes like those shown here. Change the blending mode of this shape layer to normal.

More circular shapes

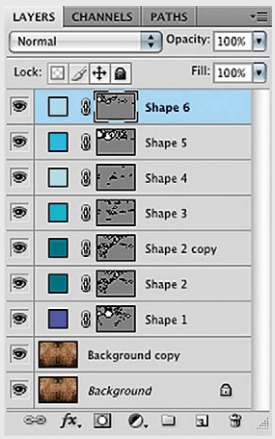
Repeat this process a few more times to build up circular shapes on a series of layers.



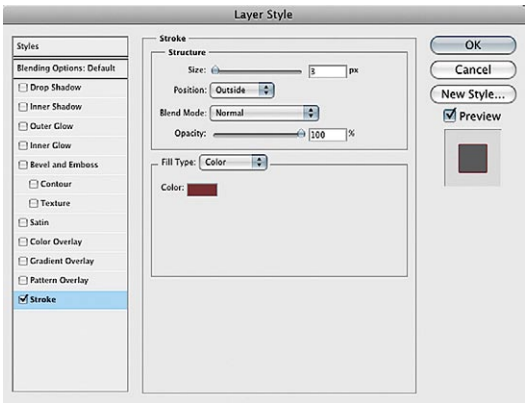
1 Repeat this entire process to create a new shape layer with a Normal blending mode and an opacity setting of 76%. Ensure that it contains a number of overlapping light blue circles. Position the shapes over the shapes on the underlying layer, making them a little bit smaller to look like highlight areas on your clouds.

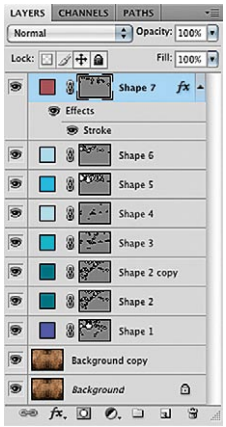


2 Now use the same procedure to create another shape layer that is a slightly darker blue color. Create larger shapes this time and place them closer to the top of the canvas, as shown here. Set the blending mode of this shape layer to Normal and the opacity to 100%.

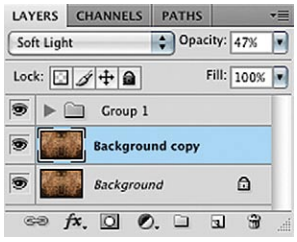


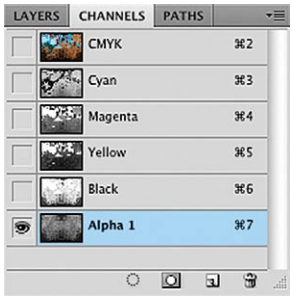
3 Again, create another shape layer. This time use a light blue color like the one you used for the cloud highlights. Use the same approach to hint at highlights over the shapes on the previous layer. Like the previous layer, this one's blending mode should be set to Normal and the opacity should be set to 100%.

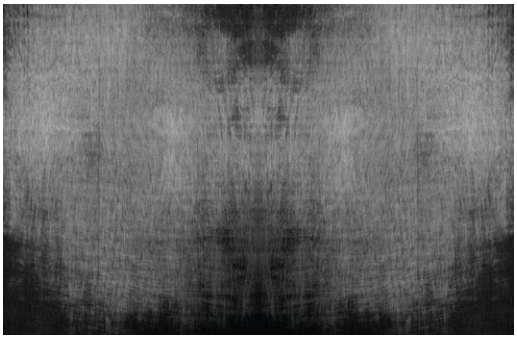




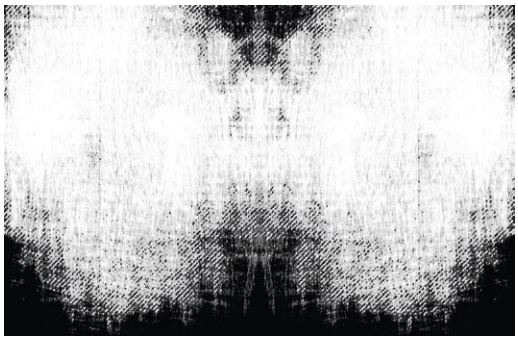
4 Repeat the same process one more time to create a shape layer that contains a number of light red circles, some of which overlap. However, to make this shape layer different from the rest, click the Subtract From Shape Area button in the Tool Options bar and then create some smaller circle shapes that overlap a few larger ones on this layer, to punch holes in them. After doing that, ensure that the layer is still targeted and then select the Stroke option from the Add a Layer Style menu at the bottom of the Layers palette. In the Layer Style dialog box, use the size slider to specify a nice, thick stroke, then click the color swatch to access the picker. Select a dark red color and click OK. Then, after exiting the picker, click OK to apply the stroke to your layer.

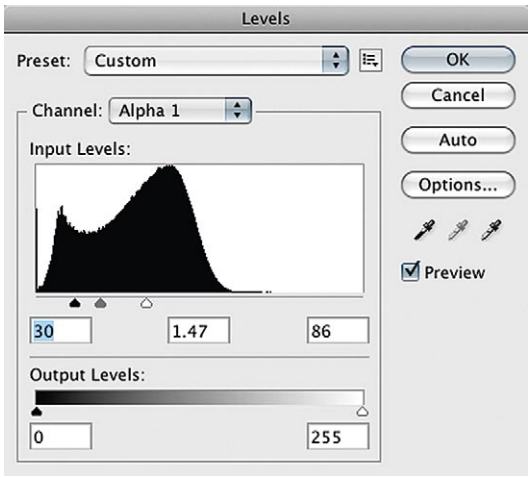


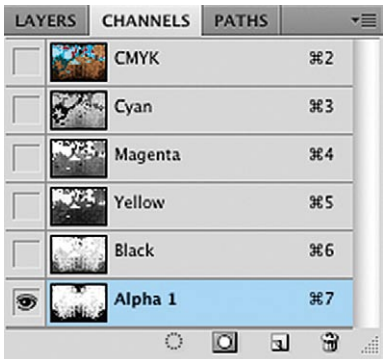




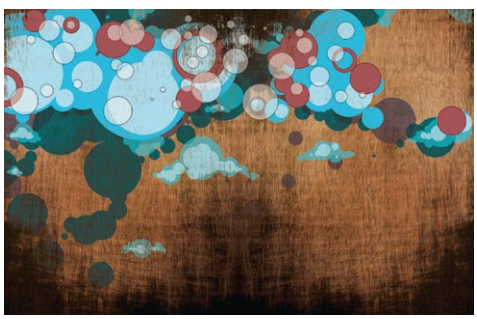
5 If your top shape layer is not currently targeted in the Layers palette, go ahead and click it to target it. Next, Shift-click the bottom shape layer to target all the shape layers. When all the shape layers are targeted, press Control-G (or Command-G) to group them. After the layers are grouped, target either the backgound layer or the background copy layer. Press Control-A (or Command-A) to select all and then press Control-C (or Command-C) to copy the selected contents. In the Channels palette, click the Create New Channel button. With the new channel targeted, press Control-V (or Command-V) to paste the copied art into the new channel.

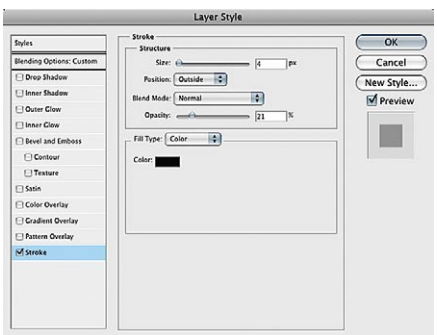


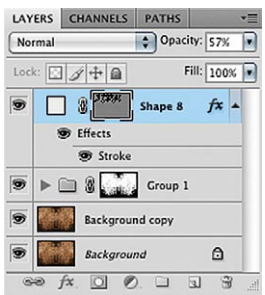




6 Ensure that the new channel is targeted and then press Control-L (or Command-L) to access Levels. In the Levels dialog box, adjust the input levels sliders drastically until the image within the channel is almost completely void of midtones, leaving behind a simple and drastic black-and-white image in the channel. Click OK and then Control-click (or Command-click) on the channel's thumbnail to load a selection from it.

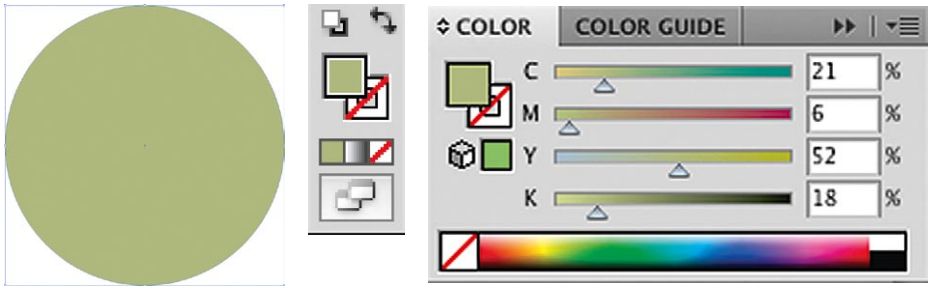




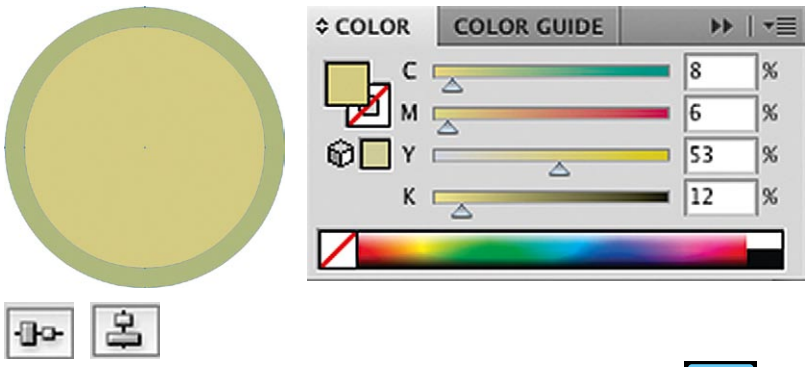


7 While the selection is active, return to the Layers palette and target the group you created previously. With the group targeted and the selection active, click the Add Layer Mask button at the bottom of the Layers palette to mask the group. Selected areas will remain visible while nonselected areas are masked. Now create one final shape layer that contains a series of overlapping white circles. Reduce the opacity of the layer to 57% and then add a Stroke Effect from the Add A Layer Style menu. Enter a Size value that is similar to what you used for the last stroke effect. Then click the color swatch to access the picker. Select a black color from the picker and click OK. Now reduce the opacity of the stroke to 21% and click OK to apply the layer style.

PART TWO: Creating the skull



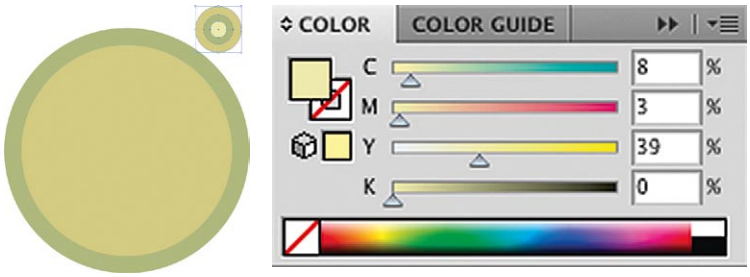
8 Launch Illustrator and create a new document by pressing Control-N (or Command-N). The size of the artboard and the document color profile do not matter for what we're going to do here. Simply go ahead and click OK when the New Document dialog box appears. Next, to avoid visual distraction as you work, choose View > Hide Artboards from the menu, to hide the artboard. Select the Ellipse tool and Shift-drag to create a large circle. While the circle remains selected, click the Fill swatch in the Toolbar to select the Fill attribute as well as open the Color palette if it is not currently visible. Choose a light green color from the CMYK spectrum at the bottom of the palette and then tweak it with the sliders until it resembles the color shown here.



9 Shift-drag again to create another, smaller circle that overlaps the first. With the second circle selected, edit the color in the Color palette so that the green becomes lighter and less blue, more of a khaki yellow color. Use the Select tool to Shift-click the other circle to select them both, then choose the Horizontal Align Center and Vertical Align Center options in the Align palette to align the two circles.

Color palette sliders

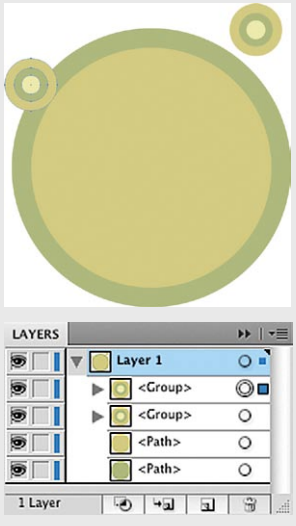
Depending on how you have Illustrator set up, you might see something other than CMYK sliders in the Color palette. If your color sliders are not appearing in your Color palette as they are shown here, simply go to the Color palette menu and choose the CMYK option.



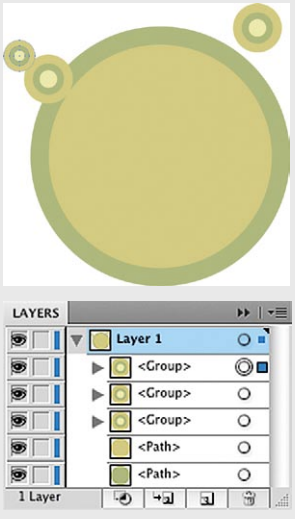
10 At this point, both circles should still be selected. Shift-click the green circle with the Selection tool to deselect it, leaving the yellow circle selected. Alt-drag (or Option-drag) the circle upward and to the right. Shift-drag one of the corners of the bounding box inward, considerably reducing the size. Draw another, slightly smaller circle that overlaps it and, while it is selected, click the original green circle with the Eyedropper tool to change the fill color of this circle to green as well. Create one more slightly smaller circle that overlaps, and create a light yellow fill color for it in the Color palette. Select all three small circles and again, then click the Horizontal Align Center and Vertical Align Center options in the Align palette.

A group of groups

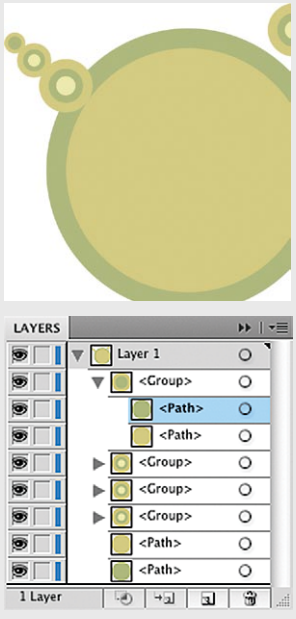
Begin to create and edit a shape that consists of groups of grouped circles.



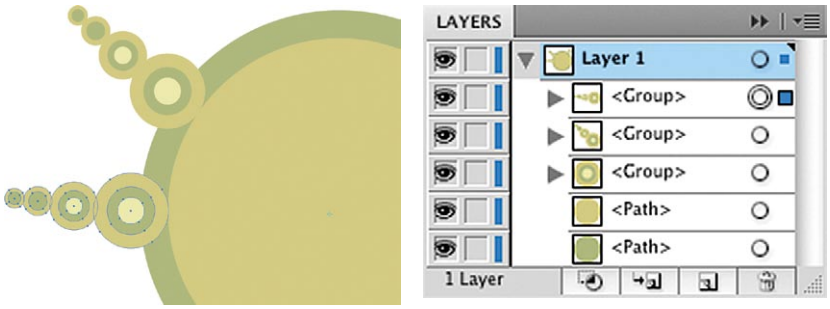
1 While all three aligned circles are selected, press Control-G (or Command-G) to group them. Hold down the Alt (or Option) key and drag the group to the left and slightly downward, as shown here.



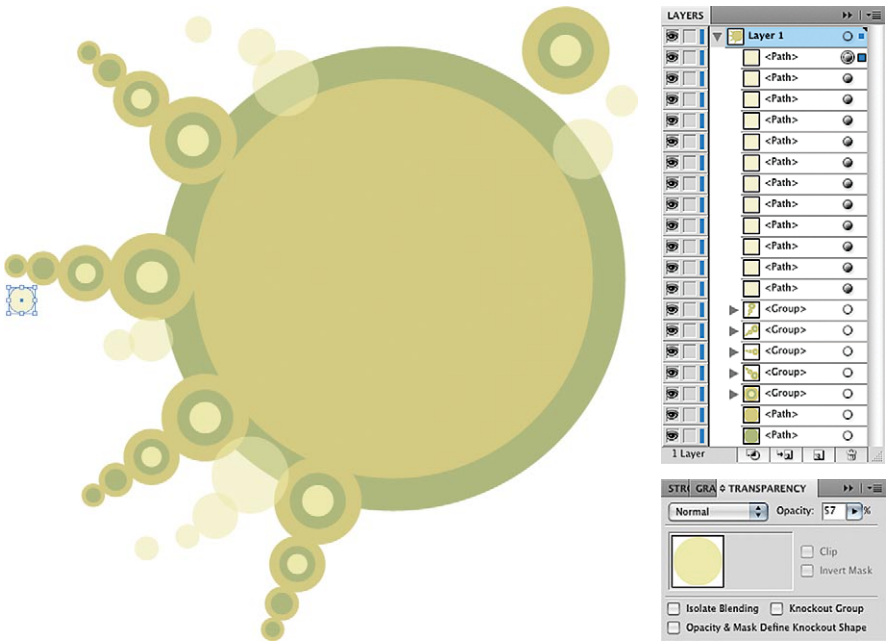
2 Now hold down the Alt (or Option) key as you drag this group upward and to the left, duplicating it. Use the Selection tool to Shift-drag a corner point of the bounding box inward to reduce the size. Position the duplicated group as shown here.



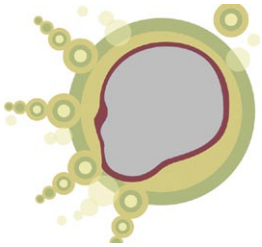
3 Perform this same operation again so that there is another, reduced group oriented on this implied diagonal rule. Expand the newest group in the Layers palette, and then click the circular icon on the light yellow circle's sublayer to target it within the group. Press the Delete key to remove it.

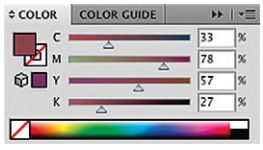


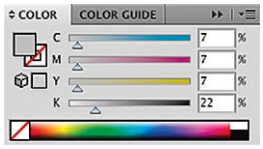
11 Create a duplicate of this edited group. Place it in the upper left like the others and reduce it in size. Select all these diagonally aligned groups and then group them into a single group. Ensure that the new group is selected and then select the Rotate tool from the Toolbar. Click once in the center of the large circle to specify this as the origin point around which the rotation will occur. An icon will remain in this area after you click. Then click the selected group and drag downward while holding down the Alt (Option) key. This will create a duplicate of the group while performing the rotate operation.

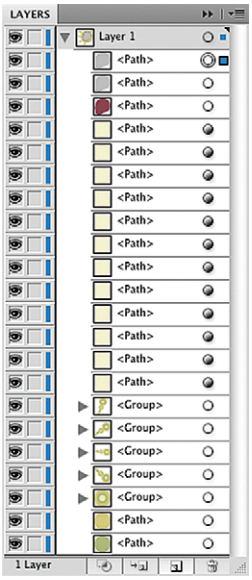


12 Repeat this process a few more times, rotating and duplicating the group around the larger circle as shown here. Create a new circle shape at the upper left of the original group that you rotated. While the circle is selected, use the Eyedropper tool to click any one of the light yellow circles within one of your groups to apply the light yellow fill color to your currently selected circle. In the Transparency palette, reduce the opacity of the object to 57%. Use the Selection tool to Alt-drag (or Option-drag) the circle, copying it to a new position. Then Shift-drag a corner point of the bounding box inward to resize it proportionately. After that, Alt-drag (or Option-drag) this circle to a new position and resize it as well. Repeat this process over and over again until there is a cluster of circles resembling what is shown here.

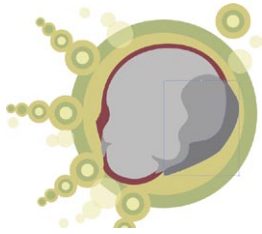


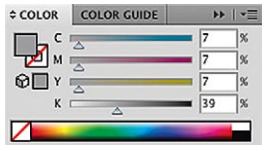


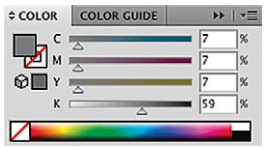


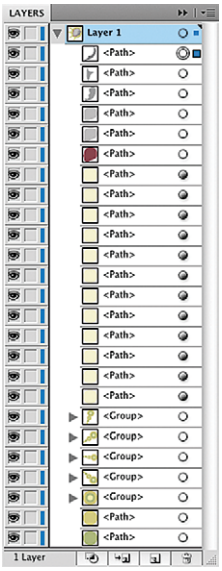


13 Use the Pen tool to create a closed shape that will indicate a thick outer edge around the skull we'll be creating next. While the object is still selected, assign a red fill attribute via the Color palette. Then use the Pen tool to draw a smaller shape inside the red shape. This will be outer edge of the skull, so take your time here and focus on creating a convincing shape. While the shape is selected, assign a light gray fill attribute in the Color palette. Duplicate the new shape by dragging it onto the Create New Layer button at the bottom of the Layers palette.





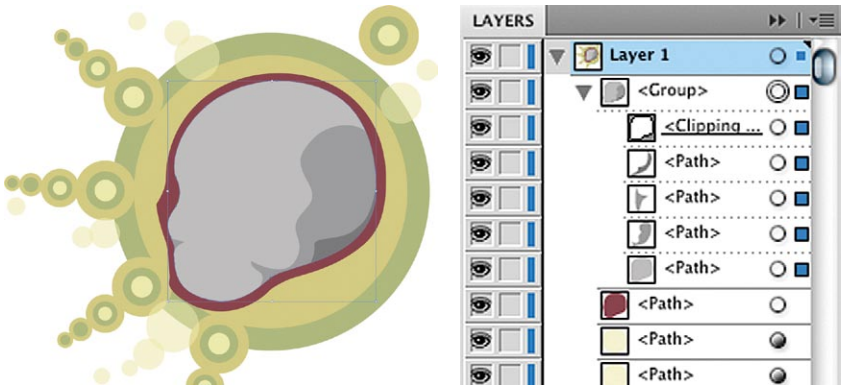




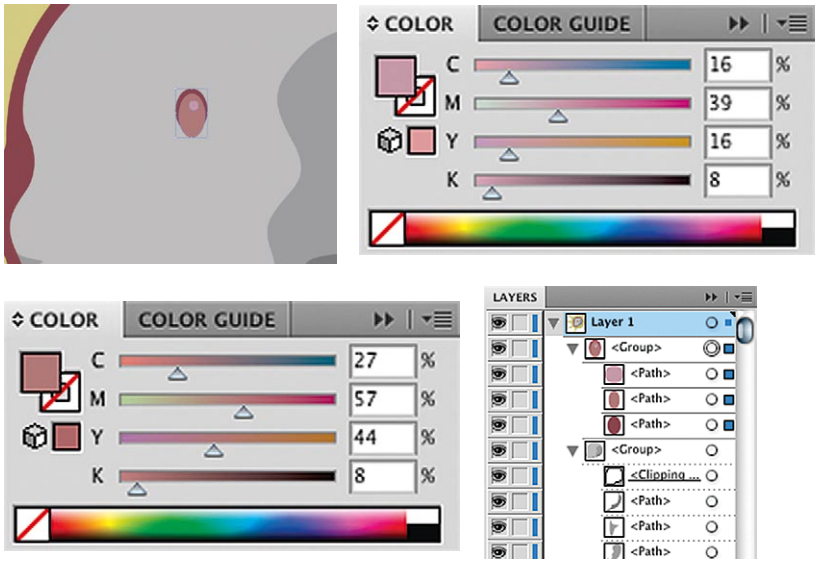
14 Use the Pen tool to draw a couple of closed shapes to indicate shaded areas at the left and right of the skull. Your shapes will have the same gray fill color attribute as the previous shape you created. To change that, select them both and then increase the black slider to 39% in the Color palette. Then draw another shape that is smaller than the one at the right yet overlaps it. After drawing this shape, increase the black slider to 59%.

Don't feel like drawing?

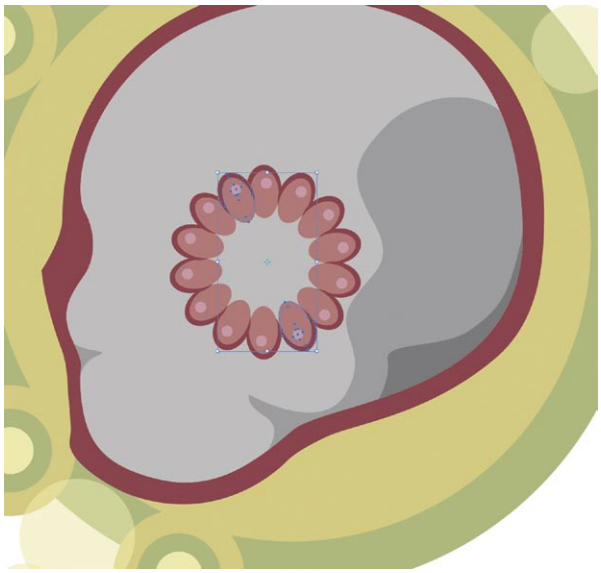
I understand that the Pen tool is not for everybody and that perhaps you want to follow along but you don't want to spend your time drawing paths in Illustrator. If that is the case, the file containing the skull artwork is available in the project files you download for this chapter. The file is called *skull.ai* and includes everything we have worked on in Part 2. So if you don't want to draw all the paths but you'd like to explore the contents of the file in Illustrator, go ahead and open the *skull.ai* file and then skip ahead to Part 4.

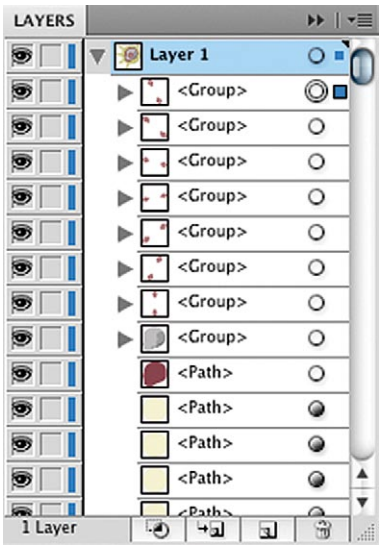


15 In the Layers palette, drag the lowest gray skull sublayer to the top of the stack within the current layer. Do not panic as it obscures the details that you just created; this is temporary. Click the Circular icon at the right of the sublayer to select it. Then Shift-click the circular icons to the right of each sublayer that contains a grey skull component. When they are all selected, choose Object > Clipping mask > Make from the menu. This will group the sublayers and use the top sublayer as a clipping mask. When it clips the layers beneath, it will become invisible, revealing the gray details that you previously obscured.

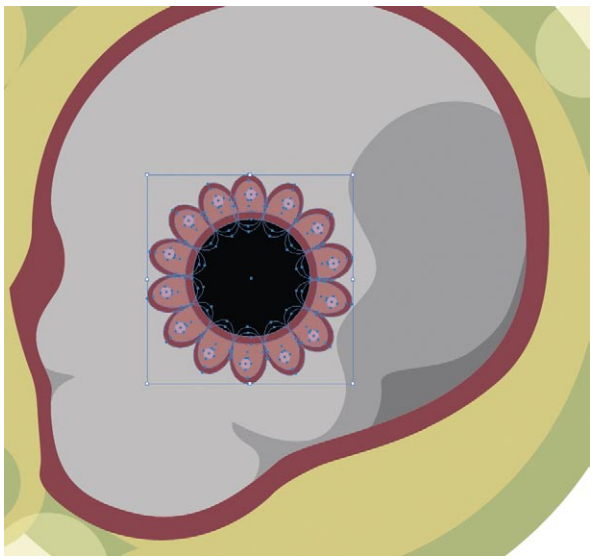


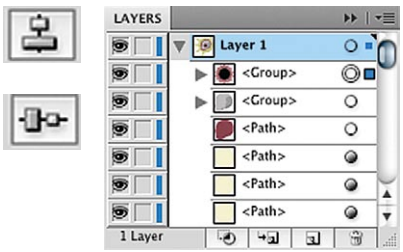
16 Use the Ellipse tool to create a small vertical ellipse. Try to envision where the eye at the right of the skull will be and position your ellipse at the top of it. While the ellipse is selected, use the Eyedropper tool to click the red shape to apply the red fill color to your currently selected ellipse. Create a smaller, somewhat elongated ellipse that overlaps and extends below the bottom of the previous red ellipse. Alter the color sliders in the Color palette until it resembles a dirtier pink color. Now create a small circle that sits inside the top portion of the ellipse, and alter the sliders in the Color palette to change the fill color to a lighter pink. Select both ellipses and the circle, then group them.



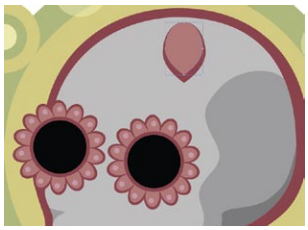


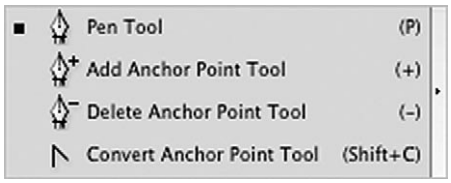
17 Use the Selection tool to drag the group downward on the artboard while holding down the Alt (or Option) and Shift keys. This will create a perfectly aligned duplicate of the group. Now click and drag outside the group's bounding box while holding down the Shift key to rotate it 180 degrees. Select both groups and then group them together. Select the Rotate tool and while the group is currently selected, begin by clicking in the registration point that is visible in the center of the group. Then click and drag while holding down the Alt (or Option) key to create a duplicate group while rotating. Repeat this process over and over again until you have created a circle of grouped shapes similar to what is shown here.

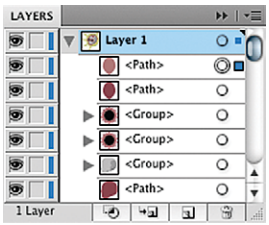




18 Create a large circle in the center of your cluster of groups. Use the Eyedropper tool to click a red object to set the fill color of your new circle to the same. Then create a somewhat small circle with a black fill color attribute. Use the Selection tool to select both circles; then, in the Align palette, click the options that will align both horizontal and vertical centers. After aligning the two circles, you might need to reposition them within your cluster. Go ahead and do so if necessary, but ensure that they are both selected before you move them. Select both circles and all of the ellipse/circle groups that surround them and then group everything into one.



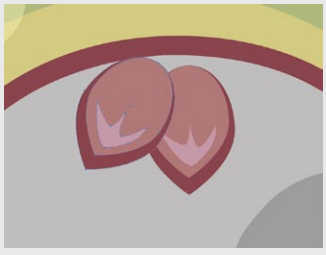


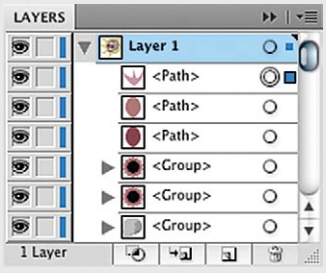


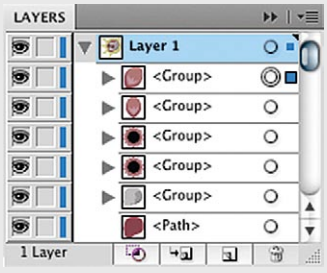
19 Use the Selection tool to drag the group to the left while holding down the Shift key to create a duplicate. Position each group as though they were eyes on the skull. Now create a vertical ellipse shape higher up, above the eye at the right. While the ellipse is selected, select the Convert Anchor Point tool. It is nested with the Pen tool in the Toolbar. Use the Convert Anchor Point tool to click the bottom anchor point, converting it from a curved point to a corner point. Next, use the selection tool to Alt-drag (or Option-drag) the shape upward, duplicating it. Then drag the top-center bounding box point downward to reduce the horizontal size of the new shape so that it fits within the original. While it is selected, use the Eyedropper to click a dirty pink shape to alter the fill color.

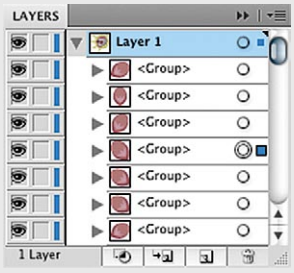
Create an array of petals

Add details and then use rotated duplicates to form the basis of a flower.





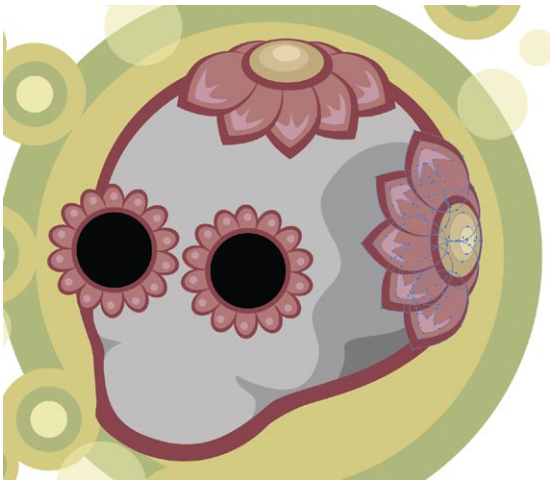


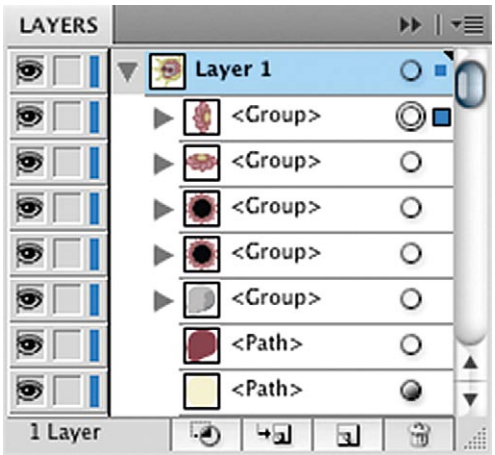


1 Use the Pen tool to draw a small detail like the one shown here. While the detail is selected, click a light pink shape with the Eyedropper tool to assign the same fill color attribute to it.

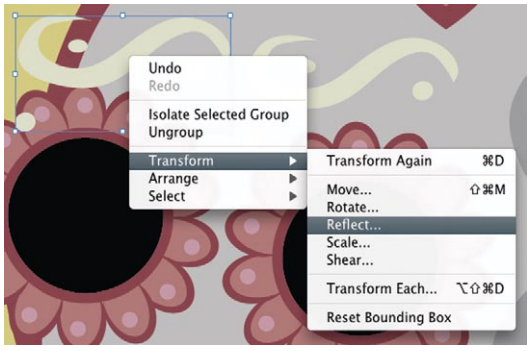
2 Select the three shapes that make up this single petal and group them. Alt-drag (or Option-drag) with the Selection tool to create a duplicate, then click and drag just outside a corner point of the bounding box to rotate the duplicate group slightly.

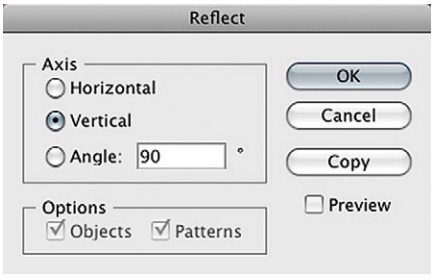
3 Repeat this process a number of times to create duplicates and rotate them. Position them as though they were petals on a flower. Drag groups up and down within the Layers palette to control the way they overlap each other.



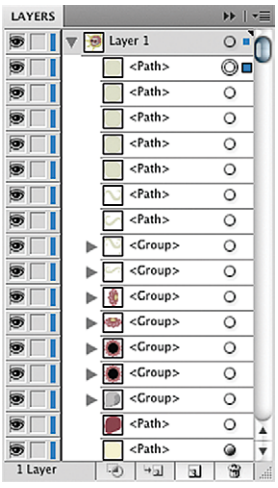


20 Draw an ellipse over the top center area of your new flower. While it is selected, use the Eyedropper to click a red area to set the fill color attribute to red. Then draw a smaller ellipse and set the fill attribute to the yellow-green color via the Color palette. Draw a smaller one inside this one and change the fill color attribute to a lighter color. Then do it one more time again, using an even lighter fill color. When you're finished, select all these ellipses as well as all the petal groups and then group everything into a single group by pressing Control-G (or Command-G). Next, Alt-drag (or Option-drag) the group to the right. Rotate it while holding down the Shift key and then position this duplicate group over the back of the skull.

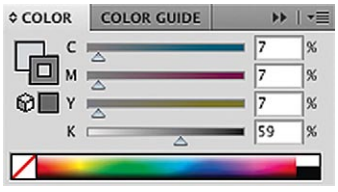




21 Use the Pen tool to create a closed shape that resembles a swirling brow. In the Color palette, assign a light yellow-green fill, similar to that used previously in the center of the flowers. Then use the Ellipse tool to create a few elliptical shapes in its proximity. Select the swirl shape and the ellipses and group them. Use the Selection tool to Alt-drag (or Option-drag) the shape to the left so that it sits above the other eye. Right-click (or Control-click) the duplicated group. When the pop-up menu appears, choose Transform > Reflect. Then, when the Reflect dialog box appears, choose the vertical axis and click OK. Next, use the bounding box handles to distort the shape. Following that, click and drag just outside a corner point to rotate it so that it looks like it belongs there.



22 Double-click the group above the eye at the right to enter Isolation mode. While in Isolation mode, select just the swirl object and copy it by pressing Control-C (or Command-C). After copying, double-click anywhere else on the artboard to exit Isolation mode. After exiting, press Control-V (or Command-V) to paste the copied swirl. Resize it via the bounding box, and then click and drag outside a bounding box corner point to rotate it. Alt-drag (or Option-drag) this swirl to the left to duplicate it. Resize and rotate it using the same method you used previously, making it appear as though it belongs on the face. Use the Ellipse tool to draw a circle under these objects as well as some other circles and ellipses under the eyes.



23 Create a series of ellipses in the area where the teeth should be. Ensure that they extend below the large gray skull shape. Select them all and then assign a light gray fill color attribute in the Color palette. To assign a stroke, click the Stroke icon in either the Toolbar or the Color palette to bring it to the foreground. Then specify a dark gray color in the Color palette. If necessary, feel free to edit the thickness of the stroke in the Strokes palette. While all ellipses are selected, click the Unite option in the Pathfinder palette to unite them into a single object.

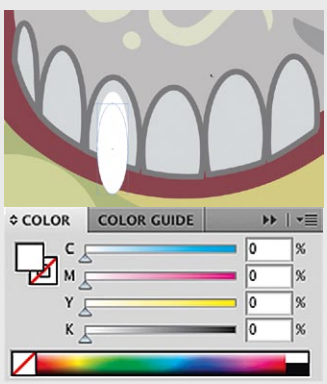
Isolation mode

You can isolate a path, group, or object by double-clicking it, choosing Enter Isolation Mode from the Layers palette menu, clicking the Isolate Selected Object button in the Control palette, or right-clicking (or Control-clicking) on it and selecting the Isolate Selected option when it appears. While in Isolation mode, your isolated object, group, or path appears normal, whereas the rest of the artwork is dimmed or faded in compression. Isolation mode allows you to work exclusively with the isolated object, path, or group, leaving the rest of your artwork unaffected. You can exit Isolation mode by double-clicking the artboard, pressing the Esc key, clicking anywhere in the Isolation bar, clicking the Exit Isolation Mode button in the Control palette, or right-clicking (or Control-clicking) the object and choosing the Exit Isolation option when it appears.

24 While the unified teeth are selected, choose the Make Compound Shape option from the Pathfinder palette menu. After that, click the Expand button in the Pathfinder palette as it becomes available. Next, create a shape that covers the bottom half of the teeth. The top half of this shape should mimic the curve indicated by the underlying skull shape. If you want to see the skull shape clearly, view the artwork in Outline mode by pressing Control-Y (or Command-Y). You can return to Preview mode at any point by typing the same thing. Ensure that the shape is closed and remains selected after you create it. Shift-click the unified teeth shape with the Selection tool to select them as well. While both the teeth and the new shape are selected, choose the Minus Front option from the Pathfinder palette to trim the teeth.

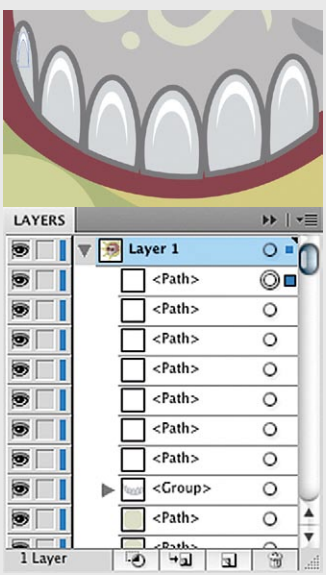
Creating highlights

Once again, we'll use elliptical shapes alongside the Pathfinder to create a cluster of custom shapes.

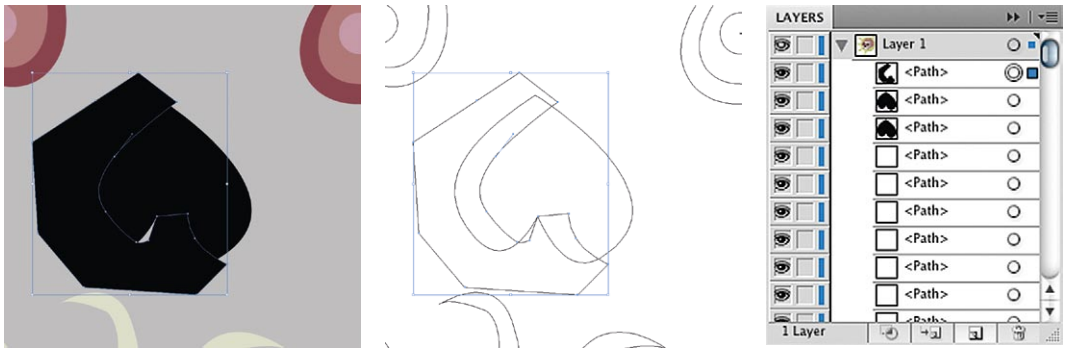


1 Create an elliptical shape that overlaps one of the teeth. In the Color palette, assign a white fill and remove the stroke. Use the Selection tool to Alt-drag (or Option-drag) the ellipse downward, creating a duplicate that overlaps the bottom.

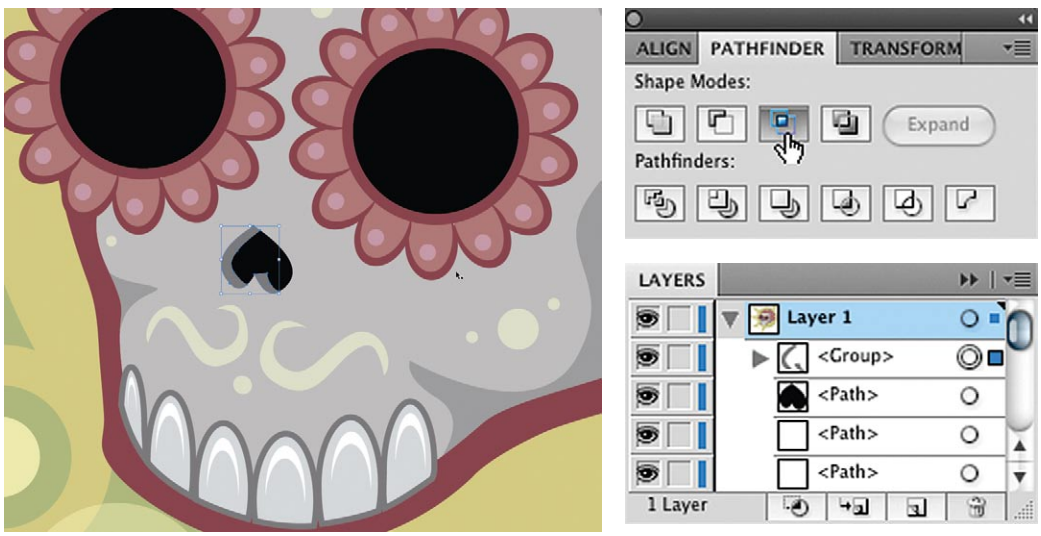
2 While the duplicate ellipse is selected, use the Selection tool to Shift-click the original so that they are both selected. While they are both selected, click the Minus Front option in the Pathfinder palette.



3 Use the Selection tool to drag while holding down the Alt (or Option) key to create duplicates on each tool. Edit the shape and rotation of each duplicate shape via the bounding box handles or by clicking and dragging just outside a corner point.

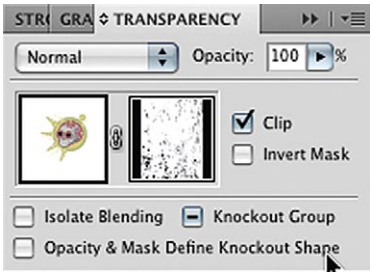


25 Use the Pen tool to draw an upside down heart-shaped nose. Specify a black fill attribute in the Color palette. After you finish creating the shape, duplicate it by dragging it onto the Create New Layer button at the bottom of the Layers palette. Now try to envision this shape as a hole in the skull and envision the thickness of the skull that would be expressed at the edges of the hole. Create a rough shape to indicate that thickness. It should look something like the one shown here, in both Preview and Outline modes. Ensure that you create only one shape, and also ensure that it is closed.



26 With this shape selected, use the Selection tool to Shift-click the upside-down heart shape directly beneath it to select them both. While both are selected, click the Intersect option in the Pathfinder. Then, while the resulting shape remains selected, create a dark gray fill color attribute in the Color palette. Select all by typing Control-A (or Command-A), and then group everything into a single group by typing Control-G (or Command-G).

PART THREE: Adding an opacity mask



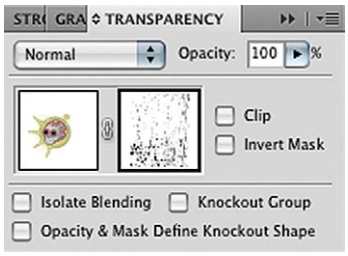
27 Choose File > Place from the menu. Navigate to the *mask.jpg* file and click Place. Ensure that the image completely obscures the underlying art. You can move it around with the Selection tool if necessary. After placing the image into the file and positioning it properly, press Control-A (or Command-A) to select both the group and the new image. In the Transparency palette menu, choose the Make Opacity Mask option and you'll immediately see the results of the new image as an opacity mask in both the Transparency palette and on the artboard.

Releasing a mask

Once an opacity mask is applied, you can release it, undoing the effects and taking it back to the state it was in before it was used to mask your artwork. To release a mask, simply select the artwork to which the mask is applied and then choose the Release Opacity Mask option from the Transparency palette menu.

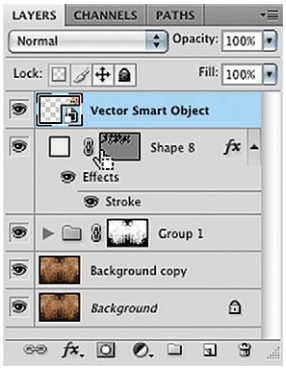
Illustrator workaround 1

If you are following along with the chapter but are not using Illustrator, you will need to place a couple of files that are pasted into Photoshop from Illustrator on the next page. In step 29, rather than paste, you will need choose File > Place from the menu and then navigate to the *skull.ai* file. Also, instead of pasting the altered artwork as per step 3 of the following boxout, you will need to place it as well using the same method. The name of the file is *background.ai*.



28 To edit the mask, simply click the Mask thumbnail in the Transparency palette. Uncheck the Clip option because it will hide anything that lies outside the edge parameters of the mask. Feel free to move it around, resize, rotate, or distort it if you like. Try moving it around a bit to see how the black scratches from the image affect what is hidden and what is visible. When you're satisfied, click the artwork thumbnail, not the mask, in the Transparency palette and then press Control-C (or Command-C) to copy the artwork as well as the mask applied to it.

PART FOUR: Incorporating and editing Smart Objects

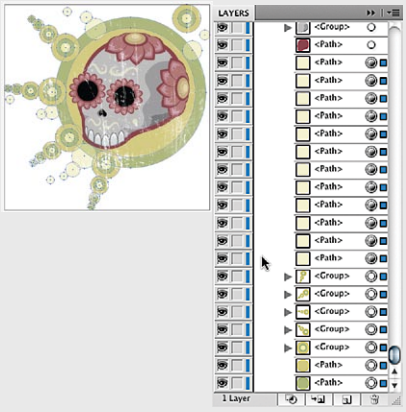


29 Return to your working file, which should still be open in Photoshop. If you have closed it for any reason, now is the time to open it again. Press Control-V (or Command-V) to paste the copied Illustrator art into your working Photoshop file. When the Paste dialog box appears, choose the Smart Object option and click OK. When the Smart Object appears, click inside the bounding box and drag it to the upper-right corner. Shift-drag a corner point outward to increase the size slightly while preserving proportion. When you're happy with the placement, press the Enter key. The newly pasted Smart Object should appear at the top of the stack in the Layers palette. If for any reason it appears lower down, simply drag it to the top. Immediately you'll notice how the opacity mask affects the visibility of the artwork.

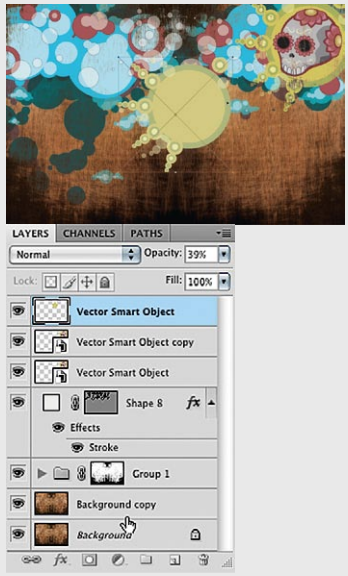
Harvesting elements

Pick bits and pieces out of existing Smart Objects to create additional elements in the composition.

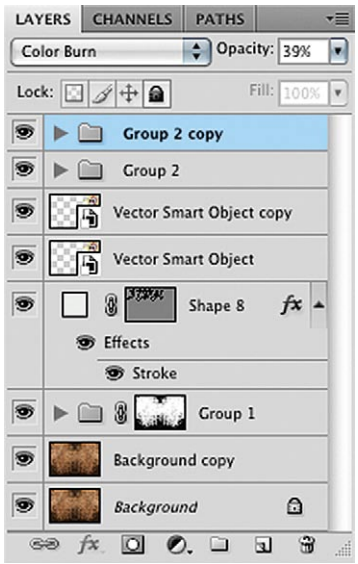
1 Duplicate the skull Smart Object by dragging it onto the Create A New Layer button at the bottom of the Layers palette. Change the blending mode to Color Burn and reduce the opacity to 39%. This will help deepen and saturate the color of the Smart Object within the Photoshop composition.



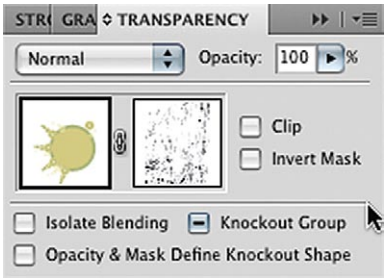
2 Double-click either Smart Object to open it in Illustrator. In the Layers palette, click the circular target next to one of the circular background elements to select it. Then click all the targets that correspond with all the other background elements until all the circles and groups that make up the background are selected.



3 Copy the selected objects and groups and close the Illustrator file. Whatever you do, do *not* save changes or you will alter the skull object. Return to Photoshop and paste the copied circles and groups into your file as a Smart Object.

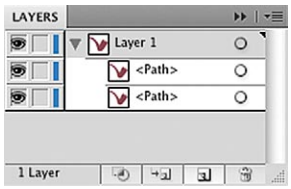


30 Shift-drag a corner point inward to reduce the size, then position the Smart Object to the left of your skull Smart Object. Use the Move tool to Alt-drag (or Option-drag) the new Smart Object to the left, duplicating it. Press Control-T (or Command-T) to access Free Transform. When the bounding box appears, click and drag outside it to rotate the Object. When you're finished, press the Enter key and make another duplicate even farther to the left. Rotate and resize this duplicate via Free Transform as well. Target all three of these background Smart Objects in the Layers palette and press Control-G (or Command-G) to group them. Duplicate the group by dragging it onto the Create A New Layer button at the bottom of the Layers palette. Change the blending mode of the duplicate group to Color Burn and reduce the opacity to 39%.



31 Expand either of these two new groups that contain your background Smart Objects and double-click a single Smart Object to open it in Illustrator. In Illustrator, choose File > Place from the menu. Navigate once again to the *mask.jpg* file and click Place. Resize the placed artwork so that it completely covers the vector art in the file. Position it so that a lot of the darker black areas in the bottom of the placed image cover the artwork. Select all and then choose the Make Opacity Mask option from the Transparency palette menu. Select the masked object and then disable the Clipping option in the Transparency palette. Save and close the file. When you return to Photoshop, your Smart Objects will automatically update to reflect the change.

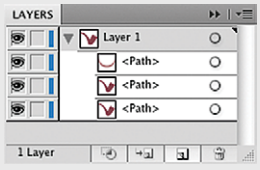
PART FIVE: Creating the walking creature



32 Return to Illustrator and create a new file. The size of the printable artboard does not matter since we're going to simply paste the finished result in Photoshop anyway. Choose View > Hide Artboards from the menu if you want to hide the edges of the artboard from view. This is just a preference of mine. If I'm not printing the art from Illustrator, generally I find the artboard edge more of a distraction than a benefit. Take a good look at the walking creature in the featured illustration at the beginning of this chapter; that's what we're going to create now. Use the Pen tool to create a closed object in the shape of one of the creature's legs. While the shape is selected, designate a Red fill color attribute in the Color palette that is similar to the one you used previously to outline the skull. Drag this sublayer onto the Create a New Layer button at the bottom of the Layers palette to duplicate it.

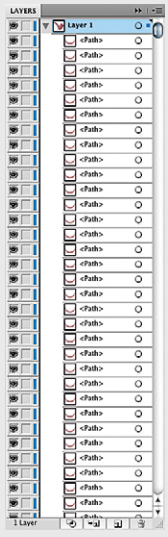
Adding texture to the leg

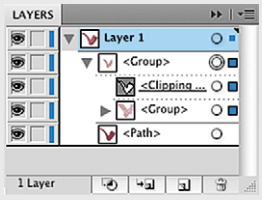
Basic shapes, pathfinder operations, replication, and clipping masks are the key ingredients in the texture applied to the creature's leg.



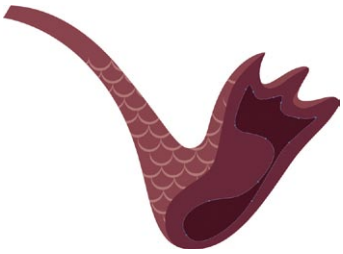
1 Draw a small circle that overlaps a portion of the leg. This time, specify a lighter pink fill color. Use the Selection tool to Alt-drag (or Option-drag) the circle upward so that a duplicate overlaps it slightly. Then select both circles and click the Minus Front button in the Pathfinder palette.

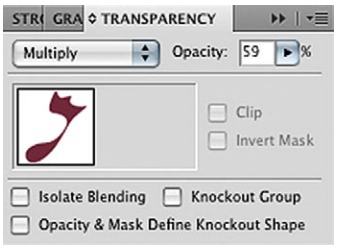
2 Use the Selection tool to Alt-drag (or Option-drag) the new shape to the right or left. Create another duplicate on either side if necessary so that the row extends beyond either side. Continue to use this duplication method until these shapes cover much of the leg, as shown here.

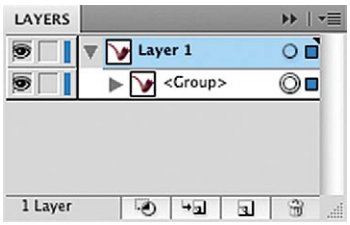




3 Select all these small shapes and group them. However, ensure that you do not include either leg shape in the group. Drag the duplicate leg shape above the group in the Layers palette, temporarily obscuring it. Select this duplicated shape and the new group that resides beneath it in the Layers palette and then choose Object > Clipping Mask > Make from the menu.



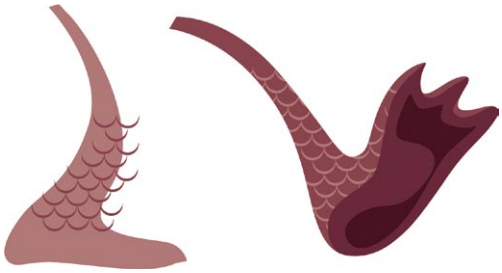




33 Now use the Pen tool to carefully create a shape that looks like the sole of the creature's foot. Take your time and use the Direct Selection tool to edit the curved line segments and points individually, if that is required to get the sole matching up nicely to the leg. Ensure that it is still selected as you create a darker red fill color attribute in the Color palette. Then create a smaller shape within the new sole shape. Use the same fill color, but in the Transparency palette change the blending mode of the shape to Multiply and reduce the opacity to 59%. Select all by pressing Control-A (or Command-A) and then group it all by pressing Control-G (or Command-G).

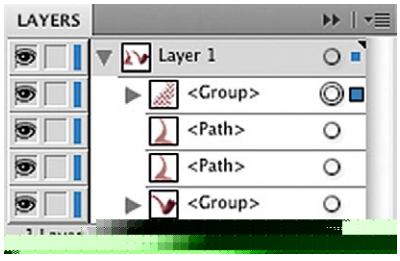
Again, if you don't want to draw ...

If you are still are not interested in working with the Pen tool or creating this creature, it is supplied within the downloadable project files. The file is called *creature.ai*. You can open it, investigate the contents of the file, and get ready to copy and paste it into Photoshop in Part 6.



Moving within the Layers palette

Be careful when you are dragging things up or down within Illustrator's Layers palette. If you aren't careful, you can accidentally drop your object's sublayer into an existing group. When you see a dark line appear between two items in the Layers palette, it indicates that will be the new position of what you're dragging, once you release the mouse button. Stay on the lookout for this dark line. If you see bookended triangles on either side of a group, do not let go of the mouse button or you'll drop your sublayer into it.



34 Use the Pen tool to create another closed shape to represent the other leg. Use the Eyedropper to click a light pink shape from the other leg to specify that light pink and the new shape's fill color attribute. Do not be too meticulous regarding the position of this leg on the artboard; we'll move it into position later after it is finished. When you have completed the shape, duplicate it in the Layers palette. Next, to represent the texture, create a group of shapes via the Pathfinder like ones you created previously for the other leg. However, this time specify a darker red fill color for these.